



# *Narara Valley High School*

Andrew Skehan  
Principal

## **TARGETED SPORTS PROGRAM (TSP) Year 7 2026**

Thank you for your interest in the Targeted Sports Program at our school. Students participating in the Targeted Sports Program undertake specialised development programs in their chosen sport during school time as a reportable school subject. This is integrated with a full academic curriculum, which caters for the special needs of the talented sports students.

- Throughout the fortnightly cycle, students will receive a 2-hour session with their external coach focusing on skills, drills and game play.
- Nutrition/motivational talks.
- 2-hour session of sports specific fitness training.
- External excursions.
- Organised games against other schools.

Placement in the program is dependent on:

- An ability, interest and potential in the nominated sport.
- A recognisable commitment to school studies and academic performance.
- An excellent record of school conduct and attendance.
- Compliance with DoE and school enrolment policy.

### **Process:**

- Complete a 2026 Sports Program Expression of Interest form (attached)
- If you are selected and once the offer has been accepted, please ensure that you complete a Narara Valley High School student enrolment form, contact the school office for further details.
- Sports offered in this program include Basketball, Rugby League, Football, Netball and an expression of interest for Touch Football.
- Students may wish to nominate for trials in two different sports if their abilities dictate so.

**Fees per year in 2026:** All sports will be \$500.00 per sport per annum. NB: Fees include specialised skill tuition and coaching in the students' selected sport, excursions, competitions, TSP shirt and an individual report twice a year.

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Evan Neate  
Head Teacher PDHPE



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## **Taster Information and Organisation**

Bring to your taster a drink bottle, appropriate sporting attire for the activity and food. If at an outdoor venue, please bring a hat and sunscreen. Jerseys/singlets/bibs will be provided for the trials, please ensure all other appropriate sporting apparel is brought on the day e.g. joggers etc. (School sports uniform would be appropriate).

### **Week 9 Term 2 2025**

All TSP Tasters will be conducted at Narara Valley High School on Tuesday 24th June 2025, 8:30am - 10:30am.

We ask that students be dropped off at the front office.

For child protection measures, we also ask that parents DO NOT attend your child's taster day. Thank you for your understanding in this.

### **Please note:**

Please ensure your email address is clearly stated on the application form. A notification will be sent to your email once your application has been received. Any further information may also be sent via email regarding trials etc. Please ensure that you check them.

### **In the Event of Wet Weather on Taster Day**

If the taster day is affected by weather any postponement will be posted on our Narara Valley High School Facebook page, or alternatively call the school 4329 3780. A rescheduled date will be organised and announcements will be made.

If you have any questions prior to the day, please contact us at school on 4329 3780, or alternatively, you can email Evan Neate on [evan.neate1@det.nsw.edu.au](mailto:evan.neate1@det.nsw.edu.au)

See you at the taster day.



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## APPLICATION FORM Year 7 2026 Targeted Sport Program

### Photograph

This photograph will be used to help identify students whilst trialing

Student Surname: \_\_\_\_\_

Given Name: \_\_\_\_\_

Current School: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_ Male / Female (Circle)

Parent/Guardian: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Phone Number: \_\_\_\_\_

Current Primary School: \_\_\_\_\_

Email Address: \_\_\_\_\_

(This is compulsory as a notifications will be sent to your email address. Please check your emails).

#### **MEDICAL CONDITION:**

To the best of my knowledge, the student applying has no medical condition, physical disability or injury, which puts him/ her at risk when participating in the school's sporting programs.

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_



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## **TARGETED SPORT PROGRAM Sport Choice Expression of Interest**

### **2026 Year 7**

Copies of these applications may be made available to associations and coaching personnel. **PLEASE NOTE** that in the event of an applicant being successful in both sport choices only **ONE** sport can be undertaken for the Targeted Sports Program. Once in the school, students may apply to be chosen in other teams for sporting competitions.

<b>Sport Choice 1:</b> (Please tick preference)		<b>Sport Choice 2:</b> (Please tick preference)	
<input type="checkbox"/>	Rugby League	<input type="checkbox"/>	Rugby League
<input type="checkbox"/>	Netball	<input type="checkbox"/>	Netball
<input type="checkbox"/>	Basketball	<input type="checkbox"/>	Basketball
<input type="checkbox"/>	Soccer (Football)	<input type="checkbox"/>	Soccer (Football)
<input type="checkbox"/>	Touch Football	<input type="checkbox"/>	Touch Football

#### **Sporting Club Experience:**

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#### **Position/s played (if applicable):**

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#### **Achievement and Representative History: (Club and School)**

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