



Narara Valley High School

Andrew Skehan
Principal

TARGETED SPORTS PROGRAM (TSP) Year 7 2025

Thank you for your interest in the Targeted Sports Program at our school. Students participating in the Targeted Sports Program undertake specialised development programs in their chosen sport during school time as a reportable school subject. This is integrated with a full academic curriculum, which caters for the special needs of the talented sports students.

- Throughout the fortnightly cycle, students will receive a 2-hour session with their external coach focusing on skills, drills and game play.
- Nutrition/motivational talks.
- 2-hour session of sports specific fitness training (external).
- External excursions.
- Organised games against other schools.

Placement in the program is dependent on:

- An ability, interest and potential in the nominated sport.
- A recognisable commitment to school studies and academic performance.
- An excellent record of school conduct and attendance.
- Compliance with DoE and school enrolment policy.

Process:

- Complete a 2025 Sports Program Expression of Interest form (attached)
- If you are selected and once the offer has been accepted, please ensure that you complete a Narara Valley High School student enrolment form, contact the school office for further details.
- Email this application to the school for the attention of Jackie Morrison.
- Sports offered in this program include Basketball, Rugby League, Football, Netball and an expression of interest for Touch Football.
- Students may wish to nominate for trials in two different sports if their abilities dictate so.

Fees per year in 2025: All sports will be \$500.00 per sport per annum. NB: Fees include specialised skill tuition and coaching in the students' selected sport, excursions, competitions, TSP shirt and an individual report twice a year.

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Jackie Morrison
(Rel) Head Teacher PDHPE

Dallas Koen
Sports Coordinator



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Trial Information and Organisation

Bring to your trial a drink bottle, appropriate sporting attire for the activity and food. If at an outdoor venue, please bring a hat and sunscreen. Jerseys/singlets/bibs will be provided for the trials, please ensure all other appropriate sporting apparel is brought on the day e.g. mouthguards etc. (School sports uniform would be appropriate).

Week 9 Term 2 2024

All sport trials will be conducted at Narara Valley High School on Tuesday 25th June 2024, 8:30am - 10:30am.

We ask that students be dropped off at the front office.

For child protection measures, we also ask that parents DO NOT attend your child's trial. Thank you for your understanding in this.

Please note:

Please ensure your email address is clearly stated on the application form. A notification will be sent to your email once your application has been received. Any further information may also be sent via email regarding trials etc. Please ensure that you check them.

In the Event of Wet Weather on Trial Day

If the trials for your sport are affected by weather any postponement of a trial it will be posted on our Narara Valley High School Facebook page, or alternatively call the school 43293780. A rescheduled date will be organised and announcements will be made.

If you have any questions prior to the day, please contact us at school on 43293780, or alternatively, you can email Jackie Morrison on jacqueline.barlow1@det.nsw.edu.au.

See you at the trials.



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APPLICATION FORM Year 7 2025 Targeted Sport Program

Photograph

This photograph will be
used to help identify
students whilst trialing

Student Surname: _____

Given Name: _____

Current School: _____

Date of Birth: _____ Age: _____ Male / Female (Circle)

Parent/Guardian: _____

Address: _____

Phone Number: _____

Current Primary School: _____

Email Address: _____

(This is compulsory as a notifications will be sent to your email address. Please check your emails).

MEDICAL CONDITION:

To the best of my knowledge, the student applying has no medical condition, physical disability or injury, which puts him/ her at risk when participating in the school's sporting programs.

Parent/Guardian Signature: _____ Date: _____



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TARGETED SPORT PROGRAM Sport Choice Expression of Interest

2024 Year 7

Copies of these applications may be made available to associations and coaching personnel. **PLEASE NOTE** that in the event of an applicant being successful in both sport choices only **ONE** sport can be undertaken for the Targeted Sports Program. Once in the school, students may apply to be chosen in other teams for sporting competitions.

Sport Choice 1: (Please tick preference)		Sport Choice 2: (Please tick preference)	
<input type="checkbox"/>	Rugby League	<input type="checkbox"/>	Rugby League
<input type="checkbox"/>	Netball	<input type="checkbox"/>	Netball
<input type="checkbox"/>	Basketball	<input type="checkbox"/>	Basketball
<input type="checkbox"/>	Soccer (Football)	<input type="checkbox"/>	Soccer (Football)
<input type="checkbox"/>	Touch Football	<input type="checkbox"/>	Touch Football

Sporting Club Experience:

Position/s played (if applicable):

Achievement and Representative History: (Club and School)
