



# Narara Valley High School

## Newsletter No 19

10 December 2018

### Coming Events

- 10/12 Raw Challenge Rewards Day
- 12/12 Yr 12 Chemistry Orica Exc
- 14/12 PE Rewards Day
- 17/12 PBL Rewards Day
- 17/12 Yr 7,8,9 Presentation Evening
- 18/12 Yr 10, 11 Presentation Evening
- 18/12 Yr 7-10 End Of Year Fun Day
- 19/12 Last Day of School

School resumes for Students -  
Yrs 7/11/12 on Wed 30/1/2019  
Yrs 8/9/10 on Thur 31/1/2019

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### Principal's Report. Merry Christmas and a Happy New Year

It has been another successful year in Public Education for Narara Valley High School. Students have excelled in academic curriculum and representative areas. I would like to acknowledge the contribution parents, community and staff have provided to the school in order to offer students the many opportunities available at Narara Valley High School. The comprehensive nature of our school is demonstrated through the variety of opportunities students have to be successful. HSC results will soon be released and we expect some great results with many of our students already receiving University offers.

Facebook has been a continual stream of exciting events and stories demonstrating the vast array of achievements and activities NVHS students have participated in since the start of November. With only two weeks to go there still is plenty of teaching and learning occurring with great activities planned right until the last day. Student reports will be available on the portal from Friday afternoon on the 14<sup>th</sup> December and the Presentation nights will be held on Monday night the 17<sup>th</sup> for Years 7, 8 and 9 and Tuesday 18<sup>th</sup> for Year 10 and 11. This is always an exciting night showcasing the cultural, sporting and academic achievements of our students.

It is that time of the year where we farewell a number of staff who have contributed to Narara Valley throughout 2018 and beyond. Miss Hansen will leave us for a year to support the University of Newcastle in leading teacher professional learning. This project in professional learning will be utilising Miss Hansen's knowledge and skills as a classroom teacher and a leader in professional learning. It will be a great experience for Miss Hansen and also strengthens the school's links with the university. She will be replaced by Miss Ferrara who is returning to the school for 2019.

Mrs Simpson will be taking a year leave and travelling around the world (How lucky). We wish her the best in her travels and look forward to the postcards. Mr Enders has been permanently appointed to the school as Science teacher. Mr Enders is highly skilled in technology and STEM education and dedicates much of his time to utilising the various platforms available to create Project Based Learning units of work to engage and challenge the students.

Finally Mrs Holliday who has worked at the school since 2002 is putting away the calculator and abacus to retire. Mrs Holliday has shared her passion for mathematics with hundreds of students and has always had a gift for explaining complex mathematical problems to students. We will miss Mrs Holliday and wish her all the best in her retirement.

Thank you to all the students who continue to strive for personal best and have been rewarded with an invite to the PBL Rewards Day. Students who have always treated staff and each other with respect should be acknowledged and we thank you for your great efforts in 2018. It is this responsibility that demonstrates the character we want all students to exhibit in our school community. We look forward to joining you all again in 2019. Have a safe holiday and a Merry Christmas and New Year. - **Michael Smith**

## DEPUTY PRINCIPAL'S REPORT YEARS 7 and 8



### End of year PBL Reward Day

Thank you to all of the students who returned their permission notes for this reward day on Monday 17<sup>th</sup> December. It has been fantastic to see students who were not invited show a desire to improve their approach to their schooling, so they can be included in 2019.

- \* Students are encouraged to bring food and/or money to purchase food at Terrigal Beach.
- \* Full School Uniform must be worn at roll call and to the movies.
- \* Students are encouraged to wear their swimming costumes underneath their uniform (where appropriate) to maximise beach time at Terrigal.
- \* Please bring sunscreen, hat and a towel.

Congratulations to students who were invited, as this demonstrates your excellent ability to apply Respect, Responsibility and achieve your Personal Best in your schooling.

### End of year 'FUN DAY'

Students Years 7-10 have selected their session activities for the Fun Day on Tuesday 18<sup>th</sup> December. Thanks to all staff who are running these sessions.

- \* Students can wear their sports uniform to school on Fun Day
- \* A reminder to Year 12 that they need to attend their timetabled lessons as normal.

The canteen will be selling 'spiders' (soft drink with ice cream in it), and Year 12 will be holding BBQ to raise money for their 2019 formal.

### Orientation

Thank you to all students who made all of our incoming Year 7 students feel safe and welcomed. Thank you to our school leaders for their great leadership and information to the students. Congratulations to Taylin Burgess for singing an item and Dylan Bladergroen for talking about his positive experiences throughout year 7 at the orientation parent evening.

Miss O'Hara and Mrs Gilmour look forward to working with these students from 2019 onwards.

### Extra-Curricular visits

I had the pleasure of being invited to attend the Youth Frontiers Showcase at Wyong Race Course recently. After 35 hours of mentoring, and a lot of dedication, our NVHS students successfully designed and implemented a community project. Well done!





## DEPUTY PRINCIPAL'S REPORT YEARS 7 and 8

Myself and our HT's Welfare Mr Howe and Mrs Martin were invited to attend the WOWA (Worn out Worn Art) production, with the theme being 'Addiction'. NVHS was proud to be invited to be in this project, and our students designed and performed their 30 minute performance very well.



## Class visits & Achievements



7 Perry working on their town planning unit.



7/8 CAPA class Visual Art & Support Unit Mural.



Year 7 Tech student Textile work.



Year 6 orientation concert in the hall.



New Sports House signs in the hall.

## SHARNEE KLEMPERT— D.P. Years 7 & 8

## DEPUTY PRINCIPAL'S REPORT YEARS 9 and 11

2018 has been a huge year at Narara Valley High School. There have been many events and achievements experienced by our school community that have been recognised over the past twelve months and have had an impact on the teaching and learning experiences here at school.

Our Year 12 2019 students have completed their first term as Year 12 and have made a wonderful start. I'd like to reiterate the three steps to HSC success:

- \* Attendance
- \* Organisation
- \* Assessment Tasks

Each of these areas supports the students in engaging with the course work and maximises their results at the end. The holiday period is a time for students to reflect on their progress so far, catch up with notes and reading for units of work, plan for the coming terms and take some time to take care of themselves.

Year 9 students have completed their courses and will engage in the last year of Stage 5. This is an important year for students as they will officially be working towards their RoSA and so be subject to the rules and procedures around this credential. It is also a time for them to start thinking about future career pathways and set some goals to help their aspirations become a reality. This will include making subject choices in Term 2 2019 for their senior years.

Thank you to all the students and families I have worked with this year. It is a pleasure and privilege to know you. I would like to recognise the enormous amount of work our dedicated staff do for the students here every day. Our Administration staff are fantastic and keep the school going. Thanks to all.

I'd like to take this opportunity to wish all students and their families a very happy Christmas and a safe holiday.

**Kerrie O'Heir**

## DEPUTY PRINCIPAL'S REPORT YEARS 10 and 12

Fourth term is rapidly coming to an end, presentation evening for Year 10 is on Tuesday 18<sup>th</sup> December in the last week of term. Many Year 10 have been participating in work experience this term, congratulations to the students and a huge thank you to employers who gave students the opportunity to experience the work force.

Year 10 are reminded that they return to school in 2019 as senior students, this not only means a uniform change but increased responsibility and expectations. Students need to be prepared for school and start in a positive direction by seeking help when needed, especially with time management for the increased workload of senior school.

There was some online Minimum Standards testing this term for Year 10, they will be notified of results and assisted with this process next year if it is still required.

Year 12 will be able to access their HSC results on 13<sup>th</sup> December and are invited to come to school for a morning tea at 9.30am. Many students have received and accepted early entry to university, apprenticeships and work. I wish all students the very best for their future directions.

The uniform shop will be opened the 24<sup>th</sup> and 25<sup>th</sup> of January. It will be a busy time for the purchasing of uniforms. To reduce wait times with many new Year 7 also needing uniforms, purchasing this term is encouraged.

Students should ask Santa for school supplies for Christmas ready for the new year. I would like to thank all parents for their support during 2018 and wish everyone a wonderful and safe Christmas.

If anyone has any concerns or questions please don't hesitate to contact me via email [samoan.forrest@det.nsw.edu.au](mailto:samoan.forrest@det.nsw.edu.au) or the school on 43293780.

**Samoan Forrest**

## MARINE STUDIES REPORT

### Clean 4 Shore - Marine Studies

On 27 November 2018, we participated in our final Clean 4 Shore for 2018.

We collected fuel cans, toys, balls, multiple illegal crab traps, rope, fishing line, rolls of plastic, furniture, tyres, cool room installation panel, plastic and glass bottles and lots of plastic straws.

NVHS Marine Studies have proudly completed 4 clean ups this year. A huge thank you to Jono (Graham Johnson), coordinator of Clean 4 Shore and Simon, our barge operator, they always foster a great sense of adventure and achievement for our students and their great rapport and high level engagement provided is the reason why our students keep volunteering for more. Congratulations to all the students who have contributed to the mass removal of pollution & litter from our local waterways this year. YOU have made a huge difference!

Thank you to the NVHS Staff who at various times, have accompanied Mrs Rolfe on Clean 4 Shore this year (Mr Jones, Ms O'Heir, Mr Enders, Mr Heron & Mr Hawke).

We will be back for more in 2019!





## YOUNG PARENTS REPORT

Amazing things are happening in YPP and crèche at NVHS.

Creche is set up for Christmas with lights hung and the tree decorated. We have been lucky enough to be given the opportunity to go and be pampered by trainee beauticians from Launch in Waratah. The day consisted of tints, waxing, extensions, tans and massages.



We have also been collecting basic women's items, jewellery, clothing, thongs, beauty items etc for Share the Dignity with the support of some of the NVHS staff. We made up 14 handbags filled to the brim with items for homeless women due to domestic violence. I am so proud of our program and the amazing things we are doing to support the community.



**Tracey Byrne YPP Co-ordinator**

## PDHPE REPORT

The end of the year is approaching, however there is still plenty going on in the PDHPE faculty! Our Year 12 students have completed their HSC and our Year 11 students move into their final year of schooling. We have many activities this term with our Year 7 Beach Day and PE Rewards Excursion occurring at the end of the term.

### Student Achievements

#### TSP Students

Our TSP students took on surfing for their first time last week at Soldiers Beach. It was fantastic to see all the students take on the challenge and give surfing a red-hot go. All students went home tired but smiling!

#### Wombats Cup Waterpolo

On Tuesday our open waterpolo teams competed in the Central Coast Wombats Cup. Our boys team was inexperienced but enthusiastic. During their two games they managed to get the crowd and umpires on side with their willingness to give everything a go and their positive attitude! Unfortunately the scores didn't quite go their way but we managed to have equal top goal scores in Hayden Doyle and Dylan Marshall - on the grand total of 1. It was a great effort from the boys and they are to be commended on their outstanding enthusiasm.

On the other hand was our very dominant girls team who went through the day undefeated, eventually beating a strong St Peter's team in the grand final. The team was led by former Year 12 students Emily Carroll and Bianca Mulcahy, with some excellent performances from Lara Carroll, Tara Mulcahy and Lily Akhurst. The girls team are also to be commended on their very vocal support of the boys team.

#### Sione Vuna

Sione is to be congratulated on his selection in the Open Boys CHS Rugby Union team to tour South Africa in March 2019. This is a huge honour and achievement to be selected in this team. Sione is currently fundraising to assist him in attending this tour and he has set up a go fund me page, with the link below. Any contributions would be greatly appreciated.

[gofundme.com/nswchs-rugby-tour](https://gofundme.com/nswchs-rugby-tour)

### Sport

#### PAYMENTS FOR SPORT

Payments for sport are required to be paid in full for each semester. Unfortunately, if your child is absent on a sport day a refund **CANNOT** be obtained. This is because payments for buses and venues have already been finalised.

Students selected their sports for Trimester 1, 2019 on Wednesday 28<sup>th</sup> November. Year 8 will be given an introduction to sport and how it works, whilst Year 9 will choose a new sport in preparation for the beginning of 2019.

#### Year 7 Beach Day

A reminder for all Year 7 students to return their notes to Mr Neate in the PDHPE staffroom and pay their money to the front office for Year 7 Beach Day.

#### PE Rewards Day

Our PE Rewards Day will be occurring on Friday December 14<sup>th</sup> and students will be participating in Clip 'n' Climb at Gosford Leagues Club, having a BBQ in Leagues Club Park and then completing the day at AquaSplash. Invitations have been sent to parents for those students who have been selected to attend this excursion and the names are also outside the PE staffroom. This is an excursion to reward those students who have excelled in PE and PASS this year.

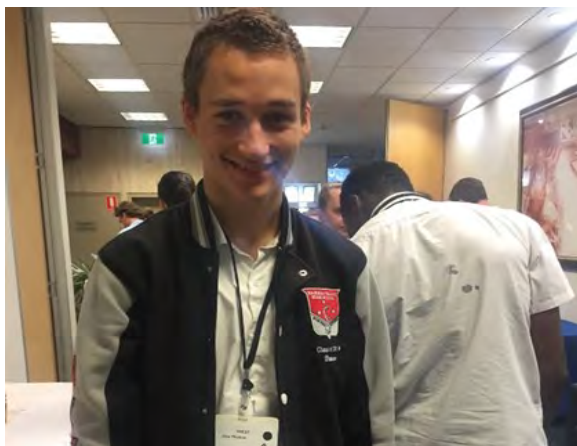
#### Brisbane Water Zone Gala Day

The annual Brisbane Water Zone Gala Day will be occurring on Friday 30<sup>th</sup> November at Adcock Park. This is for those students in Year 7 & 8 who have displayed consistent effort throughout PE this year. It is to reward students who bring their uniform every PE lesson and participate to the best of their ability, regardless of ability. The day is a fun filled day where students get to participate in a range of different sports and compete against the other schools in zone.

## HSIE REPORT

### Mayor's Youth Consultation Forum on Climate Change

Several of our senior students participated in the Mayor's Youth Consultation Forum on Climate Change. They spent the day considering the likely impacts of climate change on the Central Coast environment, businesses and lifestyle. They heard from guest speakers who are specialists in their fields and then worked towards identifying strategies for dealing with climate change impacts. Well done to the students involved and thank you Ms Pierce for giving your day for this great activity.





## SCIENCE REPORT

### HSC Biology Excursion

Our HSC Biology students recently went on an excursion to Sydney University and Taronga Zoo to enrich their learning for the Heredity and Genetic Change modules. It was a fantastic excursion and the students participated with enthusiasm in a variety of learning environments.



## SCIENCE REPORT





## WELFARE REPORT

### Taster Days and MindMatters

Year 6 students who will be our Year 7 2019 have completed Taster Days as part of our Year 6 into 7 Transition Program. We hope the students enjoyed their time at Narara Valley High experiencing high school life. This could not have happened without Miss O'Hara and Ms Gilmour who are the Year 7 Advisors for 2019.



Well done to our Year 7 and Year 8 students who participated today in a White Ribbon activity organised for MindMatters. The students, joined by Year 6 students attending Taster Day activities joined together to form a white ribbon on the school oval.

### Youth Frontiers

Congratulations to NVHS students who presented their community projects today at Wyong race course as part of Youth Frontiers. Our students selected a variety of projects that raised awareness of issues, came up with solutions to community issues, and sought resources for the community. Our students have worked with community mentors for the past 6 months and are to be congratulated on their maturity and leadership initiatives.



### Mrs Martin and Mr Howe



## CAPA REPORT

Congratulations to all students and staff involved in the 2018 Music Tour it was a great success and enjoyed by all the primary school students and staff.



Year 10 and 9 Performance course students attended separate excursions to Aphek recording studio to record their original songs. This was a great opportunity for the students to experience this side of the music industry. Can't wait to hear the songs once they are completed.

Congratulations to all the CAPA students from Years 7-12 who performed at the 30 days of Christmas at Waterfront Plaza at The Entrance on Monday 10<sup>th</sup> it was great to get some many students involved in this community event. The performances showcased the amazing talent of students in the school band, Year 7-8 Vocal class and Year 9 and 10 Performance Course and Year 11 Music. NVHS had thirteen amazing dancers who performed in this year's Schools Spectacular - "The Greatest". Our dancers were in Segment 3 - Aussie Exports and danced two items called "Can't Get You Out Of My Head" and "Fighter". These students have been working extremely hard all term in preparation for this performance to master and perfect the choreography. We are very proud of them for their efforts and for the professional and mature way they conducted themselves at all times whilst staying in Sydney.

Congratulations to the following students: Piper Lowe, Jade Esteban, Lauren Hanson, Takayla Calthorpe, Charlotte Scales, Clare Byrne, Jasmyn Cox, Georgia Alvaro, Molly Granter, Taylah Smith, Hayley Doyle, Sophie Grant and Ashlyn Beggs.

## CAPA REPORT





## DUKE OF EDINBURGH REPORT



### DUKE OF EDINBURGH 2018

A big Congratulations to Mackenzie Squires, Caitlin Mobberly, Will Adams and Hayden Doyle who finally finished their Bronze Level—Duke of Edinburgh! The four students, with others in a large group, hiked from Grants Road in Somersby to Ocean Beach from the 29th September 2018, over a two day period.

Day One, the boys look elated in their photo as the weather was scorching, Caitlin had plenty of things to discuss and there was no water on the trail except what was packed. This became a challenging expedition. The first stop was at Pile Creek for lunch and camp out at Wondabyne that night.

Day Two, the walk and chattering continued until the group were on the descent into Patonga where this was the first accessible point for fresh water. The walk continued into lunch time when they reached Ocean Beach Surf Life Saving Club and successfully completed their Bronze.

This event was similar to the first practice run earlier in September, where the group needed to survive by carrying their own clothes, water, food, tent, medical and food supplies.

After four months of planning and training to complete this level of the Duke of Edinburgh, they are now in preparation for their Silver Level and getting ready to put their listening ears back on for Caitlin. Hopefully their expedition will be completed towards the end of 2019.





## SUPPORT REPORT

Our last day of Community Access was spent visiting the local Henry Kendall Cottage and Museum located in West Gosford. The students had a walk back in time seeing how life was like in the earlier days when Henry Kendall was alive. Being able to participate in hand washing clothes, seeing the basic living arrangements and bathroom facilities (toilet outside with no running water), playing old style 'physical' games of entertainment (hopscotch, knuckles, elastics) and seeing the machinery horses used in ploughing and growing food. The houses and sheds were all made of basic materials with no electricity and the students could see, touch and discuss the modes of transport and see the old communication ways – old phones and switchboards. It was a very interesting perspective on how hard life was before the Industrial Revolution eventuated and technology was invented. The students all enjoyed themselves and we look forward to next year's adventures in Term 1 of 2019.





## SUPPORT REPORT





## SUPPORT REPORT





## WYOMING P.S and LIBRARY



## Wyoming Public School 50<sup>th</sup> Anniversary Celebration

Wyoming Public School will be celebrating 50 years in 2019. The P&C are trying to contact as many past and present staff and students as they can. They will be creating a commemorative path to record some of its history in the school grounds. An Open Day will be held in September 2019. If you attended or taught at Wyoming Public School and are interested in purchasing an engraved paver to be placed in the path, you can get your order forms and more information at

[wymingpublicschoolpandc@gmail.com](mailto:wymingpublicschoolpandc@gmail.com)

OR search on Facebook for Wyoming Public School NSW 50 year celebration.

[https://www.facebook.com/groups/1658221910935440/?ref=group\\_header](https://www.facebook.com/groups/1658221910935440/?ref=group_header)

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## LIBRARY

### THANK YOU!

Christmas came early to the Library last week with a huge donation of more than fifty plus new books from Sophie Grant's Dad, Brendan. Thank you so much – we very much appreciate it.

As the year comes to an end, could all students please hunt around for their overdue books which might be lying around at home and return them before the end of term. Thanks in advance.

◆Merry Christmas everyone ◆