

NARARA VALLEY HIGH SCHOOL

NEWSLETTER

September 2024



PRINCIPAL REPORT

Another productive term has all but passed us by at Narara Valley High School and it has been a great pleasure to watch a number of fantastic events take place.

YEAR 12

On behalf of the entire Narara Valley High School community, I would like to wish our graduating Year 12 students all the very best for the HSC examinations and life beyond school. This term has seen the Trial HSC take place, practical HSC examinations for Dance and Music, the submission of Personal Interest Projects in Society and Culture as well as submission of works in IT Multimedia, IT Timber and Visual Arts. It is vital to recognise the hard work that the students have put in as well as the expert and unending support of their teachers. I would like to acknowledge the guidance and support provided by Mrs Clouston as Year 12 Adviser as well as Ms Gilmore as assistant Adviser. I also thank all other staff who have worked tirelessly to prepare the students for the HSC examinations and for the future beyond.

SASS APPRECIATION WEEK

In Week 7, we acknowledged the wonderful work of the Narara Valley High School Administration and Support (SASS) team. Our SAS staff work across all aspects of school life and do a wonderful job ensuring learning and wellbeing are supported each and every day. We are all sincerely thankful to them for their commitment and dedication.

ANNUAL SNOW TRIP

Week 7 also saw Year 10 students and a group of staff attended our annual snow trip this year, which was a great success. The staff were very complimentary of the engagement and cooperation of the students involved and regular viewers of the school Facebook page were treated to some great pictures and video. I would like to thank Mrs Ludlam, as chief organiser, and the whole staff team who took care of the students and helped make the trip such a success.

R U OK DAY

Narara Valley High School students were given some highly valued opportunities as part of R U OK Day on September 12th this year. Ms Ludlam, Ms Rolfe and the wellbeing team organised lunch time stalls and activities to promote wellbeing and provide information on local services that offer specific supports. Staff enjoyed a wonderful morning tea as well. Our sincere thanks go to the organising staff for their outstanding work in running the day.

FOOTY COLOURS DAY

Fight Cancer Foundation's Footy Colours Day is a national fundraising event in September where thousands of Australians come together to show their support for kids with cancer.

Illustrating just how busy this term has been, on Friday 20th of September students and staff wore footy colours, in memory of Russel Condran, who was part of our current Year 8 cohort. Ms Ludlam, Ms Rolfe and the wellbeing team organised the day and raised funds for this deserving foundation.

PRINCIPAL REPORT

STUDENT LEADERS

The process in which we select our student leadership team also took place over the last few weeks of this term. I would like to congratulate the following students.

Captains - Jude Cardozo and Hannah Phillips

Vice Captains - Renna Giokas, Imogen Platt and Charlotte Macleod

These students are joined by Noah Day, Eliza Thomas, Isabelle Hart, Tylar Bushell, Josh Roberts and Luke Roberts who make up our Senior Leadership team for 2025.

I would also like to congratulate the students that made the Junior Leadership Team, Mr Bush and Ms Thomas for overseeing this process.

Congratulations!

**INTRODUCING OUR
2025
SCHOOL CAPTAINS**

JUDE CARDOZO & HANNAH PHILLIPS

VICE CAPTAINS
**RENNA GOKAS, IMOGEN PLATT &
CHARLOTTE MACLEOD**

Last but certainly not least, thanks to the wonderful TAS team and our Year 9 Design & Technology and Year 10 Food Technology students who held a fantastic morning tea. I was lucky enough to be invited to this. It was great to see the work of the full range of students on show, especially where they were present and able to benefit from the supportive comments and compliments as staff saw their work.

Another great and busy term at Narara Valley High School!



GEOFF FLEMING
Rel. Principal



UPCOMING EVENTS

SEPTEMBER

- 25th Year 12 Breakfast
- 26th Year 12 Graduation Ceremony
- 27th Last day of Term 3

OCTOBER

- 14th First day of Term 4
- 15th HSC Exams begin
- 18th CAPA Music Performance - Westfield Tuggerah
- 21st Year 7 2025 Support Unit Transition begins
- 23rd Year 12 2025 Life Ready
- 24th Kinchella Boys Home Incursion
- 25th Year 8 Love Bites
- 28th Year 12 2025 VET Work Placement begins
- 28th Year 8 VALID Testing



NOVEMBER

- 4th Year 7 to 10 Exam Period begins
- 7th Year 11 Biology Excursion - Biological Diversity
- 11th Year 12 2024 Sign Out Day
- 11th Remembrance Day Assembly
- 13th Year 12 2024 Formal
- 18th Year 10 Love Bites
- 26th Year 7 2025 Specialist Programs Taster Lesson
- 27th Year 7 2025 Taster Lesson - WPS, VVPS, NFS
- 28th Year 7 2025 Taster Lesson - NPPS
- 29th Year 7 2025 Connecting Program
- 29th Zone Gala Day

*Dates current at time of this issue and may be subject to change.



DEPUTY PRINCIPAL REPORT YEAR 7 & 10

YEAR 7

I have thoroughly enjoyed going into all my Year 7 classes throughout this term. It has been a pleasure to observe quality work being completed in Humanities, MPS, Languages and Technology. Students have gotten into the groove this year and positive outcomes are being observed by all their classroom teachers. I have enjoyed seeing some of the creations from Textiles this term and was fortunate enough to be presented with an item made by a student to hold stationary that is in my office. Well done Year 7. Keep up the good work next term.



YEAR 10

As we are getting close to the beginning of Term 4 it is very important that all students continue to make a strong effort to attend all their classes, complete all their schoolwork and finish all their Assessment Tasks by their due date. Should a student have an issue with an assessment task, please see your class teacher or Head Teacher to discuss the task. I will be meeting with some students and speaking with families for those students who currently have outstanding tasks that may impact on the successful achievement of their ROSA. Of particular importance is school attendance and participation in all lessons while at school.

HIGH ATTENDANCE RATES AND STUDENT SUCCESS

Every day that your child attends school enhances their learning and wellbeing outcomes. Extensive research has been undertaken in this area that demonstrates the positive connection between high attendance rates and a student's overall academic achievement, personal success, wellbeing and general sense of belonging. High attendance sets the foundation for a successful future. This matters for your child for many reasons:

- Improved academic achievement and continuity to their learning. They are more likely to understand the material covered in class and receive immediate feedback on their learning.
- Better preparation for post-secondary education or the workforce, by developing strong routines, work habits and a sense of responsibility that will serve them well in the future.
- Increased opportunities for involvement and participation in extracurricular activities, which can enhance their high school experience and prepare them for future success.
- Build stronger relationships with teachers and classmates, which can lead to a more positive and supportive learning environment.
- Improved time management skills which is an important life skill.



DEPUTY PRINCIPAL REPORT YEAR 7 & 10

For all students in NSW Department of Education schools, above 95% is the expected student attendance. Research shows that students with an attendance rate below 90% are educationally at risk.

If your child is experiencing difficulties attending school regularly or engaging in lessons, please contact the school and speak with our Year Advisor, Mr. Koen, our Head Teachers Welfare (Ms. Ludlam or Ms Rolfe) or myself. Our goal is to ensure that every student in Year 10 is at school every day and setting a good platform for Year 11 in 2025.



ROY GOODENOUGH
Deputy Principal
Year 7 & 10

Education

DEPUTY PRINCIPAL REPORT YEAR 9 & 12

FAREWELL TO YEAR 12 AND BEST WISHES FOR THE HSC

As Term 3 comes to a close, we once again say farewell to our Year 12 students, wishing them well as they prepare for their HSC examinations next term and make exciting decisions about their futures.

Our students have demonstrated incredible dedication over the past six years, and many are already celebrating early successes with early entry offers to university—an outstanding achievement! We would like to extend our best wishes to all students as they prepare for the upcoming HSC exams.

To support you during this crucial time, here are a few helpful study tips:

- **Establish a routine:** Find a study schedule that works for you and stick to it.
- **Prioritise subjects:** Allocate time for each subject to ensure balanced preparation.
- **Review regularly:** Consistently go over your notes to reinforce your learning.
- **Seek feedback:** Practice writing responses, and remember your teachers are available, either in person or via email, to provide feedback or support.
- **Look after yourself:** Maintaining a good balance between school, work, and recreation is essential for your wellbeing during this busy time.



While everyone's goals and aspirations are different, it's important to set clear objectives and work towards achieving your personal version of success. We are here to support you every step of the way, and we have no doubt that you will succeed!

The HSC examinations will take place at Narara Valley High School, just like the Trial HSC. You can access your individual timetable through the Students Online portal. If you're unsure, the full timetable is available here: [2024 HSC Written Exam Timetable](#).

Please allow extra time on the day of your exams, as some paperwork will need to be completed beforehand. It's important to arrive well before the scheduled start time. For additional resources and advice, you can visit: [HSC – What You Need to Know](#).

Finally, we have a few celebratory events on the horizon! These include:

- **Graduation Ceremony in the School Hall:** Thursday, 26th September 2024
- **Year 12 Formal at 'The Springs', Peats Ridge:** Wednesday, 13th November 2024

Photos will commence at 4:30pm, followed by the formal from 5:30pm to 9:30pm.



We look forward to celebrating these milestones with you and wish you the very best as you enter this exciting chapter of your lives!

Education

DEPUTY PRINCIPAL REPORT YEAR 9 & 12

YEAR 9

Our Year 9 students have shown remarkable maturity and dedication throughout this term, successfully completing a variety of assessment tasks, wellbeing programs and KLA excursions. As we approach Term 4, I encourage them to maintain this strong commitment to their studies.

I would also like to commend students on their consistent adherence to uniform standards. Just a reminder that students can wear either the full PE uniform or the full traditional uniform, but a mix of the two is not permitted. Uniforms are available for purchase at the Uniform Shop located in the school office.

PBL AT NVHS

As of Week 9, I am thrilled to announce that Year 9 have received an impressive 6350 positive PBL incidents on Sentral this year! This reflects the many students who consistently demonstrate our core PBL values: **Respect, Responsibility, and Personal Best.**



I would like to wish our school community a very happy and safe holiday and I look forward to working with all the students again in Term 4.



AMANDA BARRALES
Rel. Deputy Principal
Year 9 & 12



DEPUTY PRINCIPAL REPORT

YEAR 8 & 11

Term Three has been filled with many wonderful events across the school. The past week, in particular, was packed with fun activities as a tribute to our Year 12 students. We wish them all the best for their HSC exams next term.

I'd also like to congratulate our newly appointed student leadership team. A special mention to our Vice Captains, Imogen Platt, Renna Giokas and Charlotte Macleod, and our Captains, Jude Cardozo and Hannah Phillips. We are proud to have such a dynamic and impressive group of students as role models for our school.



YEAR 11 UPDATE

Year 11 students are to be commended for their diligence and commitment during their final exams over the past two weeks. They have now completed their Preliminary courses and will officially begin their HSC courses at the start of Term 4. Students will receive subject handbooks from their teachers outlining the syllabus and assessment requirements for each course. Any student wishing to reduce the number of units they will study for the HSC must provide a signed note from their parents and collect a yellow "Change of Course" form from the office. Please remember, courses will not be removed from students' timetables until Week 3, and this decision should be carefully considered due to its potential impact on final HSC results.

Students must have a minimum of 10 units of study in year 12 to receive their HSC. If students wish to receive an ATAR (Australian Tertiary Admission Rank) for university entry, they must satisfactorily complete 10 units of Category A courses, approved for an ATAR. For any questions, please see Mrs. Karazinov or Mrs. Green.

UNIFORM REMINDER

As warmer weather approaches, students are reminded that the correct uniform must be worn. For those wearing the sports uniform, only black school sport shorts are permitted. **Bike pants and shorts with logos are not allowed.** Students who are out of uniform will be provided with a loan uniform.

New uniform items can be purchased through the front office, either online, over the phone, or in person. Donations of second-hand items are always appreciated, as these are given to students in need or in case of uniform emergencies.



DEPUTY PRINCIPAL REPORT YEAR 8 & 11

2025 SUBJECT SELECTIONS

Students in Years 8 and 10 will have their 2025 subject selections published early in Term 4. If any student has questions regarding their subjects, they are encouraged to speak with their respective Deputy.

TELL THEM FROM ME SURVEY

We invite parents, and caregivers to participate in the Tell Them From Me online survey, which provides an important opportunity to offer feedback on the learning and well-being practices at Narara Valley High School. Your input is highly valued and plays a key role in shaping our well-being structures, teaching strategies, and school-wide initiatives.

The survey is multiple-choice and can be accessed via the following link: <http://nsw.tellthemfromme.com/nvhs24>.

We greatly appreciate your participation. The survey will remain open until November 8th.



Tell Them From Me Parent Survey



NATALIE KARAZINOV
Rel. Deputy Principal
Year 8 & 11

WELLBEING

YEAR 10 SNOW

Monday 2nd September – Thursday 5th September

Earlier this term our Year 10 students ventured to Perisher Valley for this year's Snow Trip. The students spent 3 days on the slopes starting the day with 2-hour lessons and then an afternoon using their skills on the mountain.

The student behaviour was exceptional and they all created the most amazing memories that will last a lifetime.



R U OK DAY

Thursday 12th September

Early this term we celebrated R U Ok Day. Having regular, meaningful conversations, allows you to you build trust and normalise talking about what's really going on, so when the people in your world find themselves struggling, they know you're someone they can talk to.

So, whilst R U OK? Day on Thursday September 12 is our National Day of Action, we encourage you to Ask R U OK? Any Day of the year because a conversation could change a life.

During recess, we set up a student's only stall, where we made friendship bracelets and had fun with a guessing competition. For lunch our wonderful staff came together for lunch, lollies, and a check-in





WELLBEING

BRO AND SISTA SPEAK

Thursday 19th September

Last week some of our Aboriginal and Torres Strait Islander students joined our Valley Schools Learning Community for Sista Speak and Bro Speak.

Jono Wright was the key service provider who facilitated today's workshops. The initiative is designed to support young Aboriginal People to succeed in their educational journey and teenage years.



Our students were chosen as leaders to support primary school students in a variety of cultural experiences. We look forward to attending the next program.

ATTENDANCE MATTERS



Attendance and Absences

What do you need to know?

You have 7 Days to explain your child's absence.

There are four easy ways to do this.






If your child is absent please contact the school by sending in a letter, an email, giving the school a call or replying to the daily text messages sent home.



Attendance Matters

Did You Know?

Days missed = years lost

A day here and there doesn't seem like much, but...

When your child misses just...	they miss weeks per year	and years over their school life
1 day per fortnight 	= 4 weeks	 = Over 1 year missed
1 day per week 	= 8 weeks	 = Over 2.5 years missed

WELLBEING

FOOTY COLOURS DAY

Friday 20th September

Last Friday our school community came together in support of the 'Fight Cancer Foundation's, Footy Colours Day'.

Staff and students generously donated to the cause in honour of Russel, who would be in our year 8 cohort. Russel was a great mate to so many of our students, and today was our chance to remember and celebrate him. Students who made a donation today went into a draw to win some awesome sport themed prizes, with our 15 lucky winners drawn at a special period 5 assembly.

Thank you to everyone who donated in cash or online. Our donation link is still active if anyone else would like to contribute. We will tally everything up and announce our total donation amount early next week for Russel.



Fight Cancer
Foundation™



FOOTY
COLOURS
DAY!

WELLBEING

COMMUNITY SOS CAMP

Monday 16th September – Friday 20th September

Last week, our Aboriginal students participating in the Community SOS LIFE youth program had an incredible experience in Balladoren (Gilgandra). They spent five days with Elder Uncle Ralph, wrapping up their program with a range of different activities. Highlights included visits to Dubbo Zoo and an emu farm, as well as the opportunity to collect and create their own artifacts like didgeridoos, emu callers, clap sticks, and spears.

The students dedicated themselves to these projects, taking great pride in deepening their cultural knowledge and skills. A huge thank you goes out to Terry Hayek and his Community SOS team for their hard work, as well as to Mr. Gulpers, Taeya, and Kay for their invaluable support in making this experience possible. This immersion truly helped our students connect with and celebrate their culture!



WELLBEING

SAVE THE DATE



The poster features a pink background with a blue top and bottom border. On the right, there is a circular graphic with a rainbow background and the text 'LOVE IS LOVE' and '#LOVEBITES'. Below this is the 'LOVE BiTES CENTRAL COAST' logo with a red heart. A blue circle with 'SAVE THE DATE' is positioned over the bottom left of the circular graphic. The Narara Valley High School logo is in the top right corner of the poster.

YEAR 7 PROGRAM
✓ Thursday 5th December

YEAR 8 PROGRAM
✓ Friday 25th October

YEAR 9 PROGRAM
✓ Thursday 12th December

YEAR 10 PROGRAM
✓ Monday 18th November

 **coastSHELTER**

LOVE BiTES
CENTRAL COAST



NICOLE LUDLAM
Rel. Head Teacher
Wellbeing



LAUREN ROLFE
Rel. Head Teacher
Wellbeing



ENGLISH

PUBLIC SPEAKING

We recently hosted the Junior Secondary Public Speaking Central Coast Local Final. It was a pleasure to host Henry Kendall High School, Gosford High School, Central Coast Grammar, and Terrigal High School amongst others. Our school was well represented by Matinka De Kalb and Cordelia Garbyal. The girls presented sophisticated prepared speeches as well as solid impromptu speeches. Although they did not advance to the next round, they received positive feedback from the adjudicator. A massive thank you to Ms Grundy and her team of helpers who made the day run smoothly.

DEBATING

We have also commenced the NSW Premier's Debating Challenge for Years 7, 8, 9, and 10. Our teams have debated varied topics such as:

- That we should ban countries with a record of poor human rights records from competing in international sporting events.
- That animal abuse should hold a 5 year prison sentence.
- That athletes should be punished for making political statements.
- That journalist should be banned from making personal comments on social media.

Our Year 7 team of Will Wighton, Matinka De Kalb, Rachel Kaser, and Chelsea Hillier presented a strong case in their first round debate against Terrigal High School. In a close debate they were able to emerge victorious. Congratulations!

Our Year 8 team were tasked with the difficult assignment of arguing the negative that public transport should be free for everyone. While they were unsuccessful, their growth as debaters was evident. Well done Emily Brown, Alina Mani, Grace Mcmurtrie, and Veronica Rizzo.

Bella Erdos, Cordelia Garbyal, Scout De Kalb, and Jasmine Smith were declared winners of their debate against TLSC High School - Tumby Umbi. The girls will now prepare for the next round against Lisarow High School.

Our Year 10 team have also made a successful start to their season with a victory over Erina High School. In a revamped team with some new faces, they have continued their recent success. Well done to Isaac Benjamin, Ruby Lia, Gabriella Papworth-Lints, Sharlotte Fischer, and Sonya Ivanova.

Mrs Bush has joined as coach of our Year 7 and Year 8 teams and Mr Bush will continue with our Year 9 and Year 10 teams.





ENGLISH

NEXT TERM

Our Year 9 classes concluded their novel study in term 3 and will now be focusing on film analysis. We will be studying Australian films and how ideas are represented in some iconic Aussie films.

Year 10 English classes have just finished their poetry study and have shown how they can create their own poems as well as critically examine them. Our next area of focus will be on speeches with students getting to create their very own TED talk on a topic that is important to them.

We would like to congratulate Year 11 English Studies, Standard, Advanced, and Extension students for completing their preliminary courses. We wish them well as they commence their HSC studies next term. Any students seeking to change English courses will need to discuss this with their class teacher and Mr Bush.

Finally, we farewell our Year 12 students. It has been a joy to teach you all and look forward to hearing of the amazing things that you will do once you leave Narara Valley High School. We wish you well in the upcoming HSC examinations.



ANTHONY BUSH
Rel. Head Teacher English

Farewell *Good Luck!*

HUMAN SOCIETY & ITS ENVIRONMENT

Congratulations to Year 12 on completing your Trial HSC Examinations. As your schooling years come to a close the HSIE Faculty wanted to wish you all the best in your future endeavours. Study hard for your HSC and good luck.

Congratulations

YEAR 9 GEOGRAPHY

Year 9 have been working hard this term learning all about Sustainable Biomes. As part of their most recent assessment task students were required to create an educational boardgame to teach others about their chosen Biome. Well done to all students for submitting some quality boardgames.





HUMAN SOCIETY & ITS ENVIRONMENT

TUTANKHAMUN ROADSHOW

On the 21st of August, 2024 - Year 7 and Year 11 Ancient History were treated to a unique experience in the Tutankhamun Roadshow. A purpose-built semi-trailer that brings the wonders of Ancient Egypt into schools. The trailer is equipped with an engaging multimedia presentation that highlights a range of authentic and replica artefacts. All staff and students who attended enjoyed the experience.



HUMAN SOCIETY & ITS ENVIRONMENT

YEAR 10 HISTORY

This term Year 10 have been investigating World War 2 as part of their study of History. In their most recent assessment task students were required to collaborate with their peers to create a series of Newspaper Articles from a specific year during World War 2 examining a specific event. Well done to all students for submitting some quality newspaper articles.



UPCOMING DATES:

- Year 10 Kinchella Boys Home Incursion - 24th of October, 2024
(Permission notes have been e-mailed home to Parents / Carers)



CARLA DEBENHAM
Head Teacher HSIE



PERSONAL DEVELOPMENT, HEALTH & PHYSICAL EDUCATION

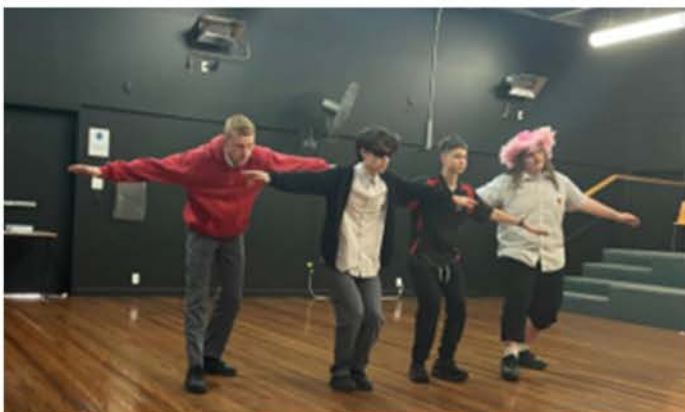
YEAR 11 SLR TREETOPS EXCURSION

Year 11's last excursion. Another opportunity for students to experience outdoor activities. The group proudly represented NVHS and had a fantastic experience. SLRians also completed the Olympics and Paralympic Games in line with the events in Paris.



YEAR 10 PDHPE

Year 10 PDHPE completed their Dance Assessment Task. Students completed their group assessment by performing their selected 'Just Dance' routine in front of Ms Moody, Mr Bowers and Mr Rodrigues as judges/markers. Student feedback was positive. Students made a lot of effort and demonstrated outstanding skills. Some groups even had matching costumes to lift their enthusiasm and group cohesion.



LET'S
Dance



PERSONAL DEVELOPMENT, HEALTH & PHYSICAL EDUCATION

TALENTED SPORTS PROGRAM

TSP students participated in Gym sessions and Gee Recovery. Students got their heart rates up in their gym session and then submersed themselves in recovery at the Gee Recovery Unit. All students that attended the excursion greatly enjoyed the experiences and learnt several effective strategies that can improve their overall athletic performance.



YEAR 11 PDHPE

PDHPE students in Year 11 participated in a First Aid course this term, obtaining their First Aid qualifications. The 5-hour course involved practical application of their knowledge and skills and deep understanding for them to confidently apply their skills in real-life situations.





PERSONAL DEVELOPMENT, HEALTH & PHYSICAL EDUCATION

SPECIAL MENTIONS

Special mentions to Tayla Singh for trialling for the Regional Sydney North Water Polo team and to Bella Hennessy being named as a reserve.



Lucas Pugh was selected for the NSW CHS trampoline competition. He had exceptional performances:
1st place 14yrs boys tumbling
1st place 14yrs boys single mini trampoline
1st place 14yrs boys double mini trampoline.
He walked away with 3 x gold medals, congratulations Blacksnake!

Congratulations to Jesse Walker who was selected in the NSW Combined High Schools Touch Football Team.

Congratulations to Josh and Luke Roberts on their success at the NSW CHS Cross Country. Luke finished 5th and Josh finished 6th in their individual races. In the Teams event, the boys won GOLD.



Congratulations to Luke and Josh Roberts on their outstanding results at the NSA CHS Athletics Carnival. Luke achieved a Bronze medal in 800m, Josh placed 5th in a competitive field of 13. Josh placed 9th in the long Jump.





PERSONAL DEVELOPMENT, HEALTH & PHYSICAL EDUCATION

SPORT

NVHS Sport is coming to an end for the term. There have been some successful outings, including this one, where 'Beachwalking' went up the Terrigal Haven and back in their personal best time. Thank you so much Mr Koen for all of the organisation for Sport so far this week.



KNOCKOUT SPORTS / GALA DAYS

→ Champions of Champions

Narara Valley High School's 7 & 8 OzTag team played in the Champion of Champions competition this term. A 2-day tournament that included schools from all across NSW, public and independent schools combined. The competition took place in Penrith, our Blacksnakes performed exceptionally well. The boys finished 1st in their Pool at the end of the first day and second overall out of 15 teams with their for and against. They Boys achieved a 3-game winning streak and finished losing against the eventual winners, Central Coast Sports College. NVHS finished 3rd in the State. Congratulations Blacksnakes. Thank you Mr Bowers and Mr Carroll for their time and efforts over the tournament and across the year.



UPCOMING SYDNEY NORTH REGIONAL SPORTS TRIALS AND INFORMATION

- Sydney North Girls Softball - TBA

If you play at representative levels for these sports and are interested in attending the trials, please see Mr Koen in the PDHPE staffroom to get a permission note.



JACKIE MORRISON
Rel. Head Teacher PDHPE



JESSICA MOODY
Rel. Head Teacher PDHPE

SCIENCE

DATES FOR THE DIARY:

Year 8 VALID 28/10/2024 Parents have been emailed the parent information letter and students will spend time in class during Week 1 and 2 Term 4 preparing for this.

Year 11 Biology and Investigating Science Classes - Sydney University KICKSTART Excursion 07/11/24

Marine Studies - Port Stephens Marine Camp 09/12/24 to 11/12/24 (more info to come)

SAVE THE DATE

SCIENCE THIS TERM:

Term 3 concludes and it has been another busy term in the Science faculty, with Trial HSC Examinations for our Year 12 students, Year 11 Yearly Exams, along with Science Week and VALID testing.

Term 4 sees our Year 11 students transition into Year 12 and officially commence their HSC courses. Year 10 will conclude the year studying Earth Sciences, as will Year 9 while Year 8 will be learning about Australian Environments. Marine Studies will be studying Fishing and Seafood (Year 9) while Year 10 will be learning about Aquaculture and Marine Disasters.

ANSTO EXCURSION

On Thursday 19th September, students from Year 12 Physics, Chemistry and Investigating Science were fortunate enough to attend the Australian Nuclear Science and Technology Organisation (ANSTO) based at Lucas Heights in south-west Sydney. Students were able to tour the facility (including a visit to the linear particle accelerator worth millions of dollars) and meet with some of the nuclear physicists.





SCIENCE

SCIENCE EXCURSIONS

Year 9 Marine Studies completed another Clean4Shore excursion on Tuesday 4th September. We had 14 student volunteers who demonstrated our PBL values all while removing 520kg of rubbish from Brisbane Water and Narara Creek catchment.



AMANDA BARRALES
Head Teacher Science



TECHNOLOGICAL AND APPLIED STUDIES

As the school year progresses and we come to the end of Term 3, our students continue to showcase their skills and creativity in various areas of TAS and VET subjects. From the craftsmanship of Timber and metal students to the culinary excellence of food technology, café and Hospitality classes, our school community has much to celebrate.

Our Year 9 students have been making remarkable progress their serving tray projects and some starting on their fold out chairs. Using a variety of timber joints, tools and machines they are demonstrating both technical skill and a strong understanding of woodworking principles. The trays are not only functional but beautifully designed, reflecting the growth and dedication these students have shown throughout the term.



In Week 6, the TAS department hosted the assembly that showcased the diverse range of subjects taught in this subject area. The assembly featured a lively relay of student demonstrations, highlighting areas such as woodwork, food technology and textile design, with each team racing to complete their tasks with precision and creativity. The event concluded with a light-hearted and entertaining challenge where our Deputy Principals and staff competed in whipping cream by hand. The excitement reached its peak when the thickness of the cream was tested by holding the bowls upside down over their heads! It was a fun and memorable moment for all except Mr Goodenough, who had a slightly thinner cream mix. A special thank you goes out to all the student volunteers who participated and helped make the assembly a success.



thank
you





TECHNOLOGICAL AND APPLIED STUDIES

Our Year 12 Hospitality students recently impressed both staff and parents with a stunning Italian-themed dinner as part of their farewell activities. The evening featured a delicious and authentic menu, with students preparing and serving dishes such as fresh pasta, arancini balls, tiramisu and a delicious selection of drinks.

This event was the result of hard work in the kitchen over the two year course, where students developed their skills in food preparation, presentation, and service. The feedback from parents was overwhelmingly positive, with many praising the students' professionalism and the incredible flavors of the meal. The event not only demonstrated the students' culinary talents but also their ability to work under pressure and deliver a high-quality dining experience. Congratulations to these Year 12 students and Thank you to Mrs Anderson for the organisation and mentorship in the lead up to the night.



Our Year 10 Food Technology and Year 9 Café students recently joined forces to host a delightful high tea for a select group of their teachers, showcasing their culinary talents and teamwork. The menu was a true testament to their skills, offering a selection of finger sandwiches and a variety of delicious cakes and slices. The students demonstrated impressive attention to detail in both preparation and presentation. The event was not only a treat for the taste buds but also a wonderful opportunity for the students to showcase their expertise in food service and hospitality, earning high praise from their appreciative guests.





TECHNOLOGICAL AND APPLIED STUDIES

Students have begun Semester 2 projects in TAS so a reminder to parents/guardians about payment of subject fees so students can continue enjoying the practical components of our subjects and we can keep providing great materials for them to work with. Any issues with payment please contact the school.



MITCH GULPERS
Head Teacher TAS



VET

Work Placement is coming up in Term 4 for our VET students. Classes will be going out for the second and final placement for the course during the weeks outlined below. (NESA requires 70 mandatory hours of work placement).

- Hospitality - Weeks 3 and 4
- Construction - Weeks 6 and 7
- Primary Industries - Week 3
- Business Services - Week 4

Most students in Year 11 VET Courses have received their paperwork or will be getting it in Week 1 next term. We ask that students complete this process promptly to avoid any unnecessary stress and complications.

We had many positive comments from employers during the first round of work placement earlier in the year and look forward to receiving more of the same.



SARAH ANDERSON
VET Coordinator

COMMUNITY ANNOUNCEMENTS



Join us to Honour those who made the Supreme Sacrifice for us in all wars



We are looking for new members aged 12+ to join our Military Re-enactment group

Train as Flag Bearers & Memorial Guards for Remembrance Services

Visit Aged care facilities, Schools & Sporting events

Training once per month at Alison Homestead - Cape Rd, Wyong
Parade Uniform Supplied - Training T-shirt \$28
Fees \$25 per year

Contact: John
jbcadservices@yahoo.com.au

TECH CLUB

THURSDAY: OCTOBER 3RD 10TH

2PM - 4PM

AT: WYOMING COMMUNITY CENTRE
147 MAIDENS BRUSH RD, WYOMING, 2250

ASSEMBLE AND BUILD A COMPUTER AT TECH CLUB! LEARN HOW TO IDENTIFY COMPONENTS, INSTALL OPERATING SYSTEMS AND MUCH MORE DURING THESE PRACTICAL TECH WORKSHOPS.

FOR YOUNG PEOPLE AGED 12YRS - 18YRS

EVENTBRITE LINK TO REGISTER:
[HTTPS://WWW.EVENTBRITE.COM.AU/E/TECH-CLUB-TICKETS-994423035067?AFF=ODDTCREATOR](https://www.eventbrite.com.au/e/tech-club-tickets-994423035067?aff=oddtcreator)

OR REACH KATE ON 4323 7483
KATE@GRCS.ORG.AU

FREE!

BUSY HANDS WEARABLE ART!

JOIN US FOR AN EXCITING ARRAY OF FREE SCHOOL HOLIDAY WORKSHOPS WITH CENTRAL COAST CREATIVE HUB AND WYOMING COMMUNITY CENTER!

WORKSHOPS FOR YOUNG PEOPLE 12YRS-18YRS

TUESDAY 8TH OCT
THURSDAY 10TH OCT
10.30AM - 12.30PM
FREE!

- EXPLORE A VARIETY OF MEDIUMS TO CREATE A BEAUTIFUL, ONE OF A KIND NECKLACE AND BRACELET SET USING WOOD, POLYMER CLAY, PAPER, FABRIC AND MORE!
- CREATE WITH THE FABULOUS MEDIUM OF POLYMER CLAY, BY MAKING NOT ONE BUT FIVE PAIRS OF STUDS!

WHERE:
WYOMING COMMUNITY CENTRE
147 MAIDENS BRUSH ROAD
WYOMING 2250
4323 7483 KATE@GRCS.ORG.AU

BOOKING LINK:
[HTTPS://WWW.EVENTBRITE.COM.AU/E/BUSY-HANDS-WEARABLE-ART-TICKETS-99448140827?AFF=ODDTCREATOR](https://www.eventbrite.com.au/e/busy-hands-wearable-art-tickets-99448140827?aff=oddtcreator)

PERFECT FOR GIRLS AGED 9-14

POWER UP WITH CRICKET

Whether you're a seasoned player or new to the game, you're invited to come along and play this new, fun-filled, fast-paced cricket program. Wear what you want, grab your BFF - all equipment provided, so just turn up and play!

Central Coast Social Cricket for Girls
Starts Monday 21 October 5-6pm
Paddy Clifton Oval, Showground Rd, Narara
Only \$60 for 6 weeks!

Register Now

Visit www.cricketnsw.com.au/women-and-girls/social-cricket for more information

COMMUNITY ANNOUNCEMENTS

SUSTAINABLE LIVING FESTIVAL
WOYTOPIA 2024
 SUNDAY 13 OCTOBER • WOY WOY SOUTH SCHOOL • 9AM-4PM

MUSIC • ECO-MARKET • WILDLIFE SHOWS • GREEN TALKS • KIDS' FUN • WOYTOPIA.ORG



Central Coast Spring Holiday Chess Comp
 Minimum ability: Correctly move pieces and complete games independently.
Ages 6 to 17
 Tuesday 8 October
 Must pre-enter by Friday 4 Oct.

Where: Central Coast Grammar School
When: Tuesday 8 October, 9.30am-4.00pm
 Late arrivals will miss the first round
Entry: By Friday 4 Oct, fee \$10
 To enter, please email me, not text, the following info ...
 Player's name and DOB
 Relevant medical information
 Parent emergency contact number
 Suburb if new player to this tournament
Results published Facebook: Opt out?

NEW FORMAT!!
 Separate OPEN (strong) and RESERVE grades.
 NOTE: Entries close 4 Oct (4 days pre-comp).
 Player lists will be then sent to parents, who may until 6 Oct choose the Open for keen players listed in Reserve Grade.

For NSW Country players only.
 'Country' defined nswjcl.org.au (m'ship).
LIMIT 140 PLAYERS

Lunch: BYO Please eat and drink outside
Trophies: 1st, 2nd, 3rd plus age medals in both Open and Reserve grades
Format: Swiss, everyone plays 7 rounds
Time control: 15 mins per player

DON'T PAY UNTIL YOUR ENTRY IS CONFIRMED BY EMAIL
 Please give player's name as online payment reference.

IF YOU HAVE PRE-ENTERED CASH ON THE DAY IS QUITE OK

Payment options:
 • Pay me online 637000 713 826 707, or
 • By PayPal to my email address, or
 • Cash on the day.

Contact for info and entries:
 Gary Losh 0432 453 726 or glosh6090@gmail.com

Checkmate competition
 Participation optional
 Find the checkmates and win prizes

Rated by NSW Junior Chess League
 All unrated players will be given a chess rating based on their results.
 See all current JCL ratings at...
www.chessratings.com.au

Publication of results
 Names and ages of players may be published on the NSWJCL website and its rating website given above.
 Re Facebook: Parents may opt out of their players' details being published on CC Youth Chess by notifying us on entry.

Non-profit
 Run by volunteers with the generous help of our host CC Grammar

YO HO HO, JOIN US TODAY MATEY

REGISTER NOW WITH
GOSFORD PIRATES BASEBALL CLUB
 FOR KIDS 4-16

WWW.GOSFORDPIRATES.COM

Central Coast Waves Representative trials for 2025

TRIAL 1: Sunday 15th September 2024 between 8-4pm.
TRIAL 2: Saturday 21st September 2024 between 8-4pm

Click Here

Niagara Park Stadium Washington Ave Niagara Park t