



Newsletter No: 6

Sept 2023

Coming Events:

2023

- Year 11 Exams conti.
- Sept 19 - Year 12 Breakfast
- Sept 19 - Mob Pod Program
- Sept 19 - Year 11 First Aid Course
- Sept 19 - Year 7 & 8 Rugby 9's Gala Day
- Sept 21 - Year 12 Graduation Ceremony
- Sept 22 - Year 7-10 Life Lessons - Mental Health
- Sept 22 - PBL - Pickleball Competition
- Sept 22 - Last day Term 3
- Oct 9 - First day Term 1
- Oct 11-13—Leaders Camp
- Oct 30-Nov 10— Week 4 & 5 - Year 7 to 10 Exams

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PRINCIPAL'S REPORT

Another productive term has all but passed us by at Narara Valley High School and it has been a great pleasure to watch a number of fantastic events take place.

Year 12

On behalf of the entire Narara Valley High School community, I would like to wish our graduating Year 12 students all the very best for the HSC examinations and life beyond school. This term has seen the Trial HSC take place, practical HSC examinations for Dance and Music, the submission of Personal Interest Projects in Society and Culture as well as submission of works in IT Timber and Visual Arts. It is vital to recognise the hard work that the students have put in as well as the expert and unending support of their teachers.

I would like to acknowledge the guidance and support provided by Mr Heron as Year 12 Adviser as well as Ms Green as assistant Adviser. Mr Fleming has likewise been steadfast in his commitment to the learning and wellbeing of the cohort as their Deputy Principal. I also thank all other staff who have worked tirelessly to prepare the students for the HSC examinations and for the future beyond.

SASS Appreciation Week

In Week 8 we acknowledged the wonderful work of the Narara Valley High School Administration and Support (SASS) team. Our SAS staff work across all aspects of school life and do a wonderful job ensuring learning and wellbeing are supported each and every day. We are all sincerely thankful to them for their commitment and dedication.

Annual Snow trip

Year 10 students and a group of staff attended our annual snow trip this year, which was a great success. The staff were very complimentary of the engagement and cooperation of the students involved and regular viewers of the school Facebook page were treated to some great pictures and video. I would like to thank Mr Heron, as chief organiser, and the whole staff team who took care of the students and helped make the trip such a success.

RU OK day

Narara Valley High School students were given some highly valued opportunities as part of RUOK day on September 14th this year. Ms Ludlam, Ms Rolfe and the wellbeing team organised lunch time stalls and activities to promote wellbeing and provide information on local services that offer specific supports. Staff enjoyed a wonderful morning tea as well. Our sincere thanks go to the organising staff for their outstanding work in running the day.

ANDREW SKEHAN

Principal

DP REPORT Year 7

It has been a very busy Term Three. I would like to congratulate Year 7 on their application to their learning and demonstrating our three school core values of Respect, Responsibility and Personal Best.

The creativeness demonstrated in our 7 Technology classes over the term has been wonderful to observe during class visits. Our students have been busy designing and creating in woodwork, cooking, sewing and computing classes. Mr Sanderson's Year 7 Technology class have worked diligently during the term to learn techniques in tie-dying, design and sewing and apply these new skills to create pillows. Our 7 Tech 5 class have spent the term learning new computer programs to create 3D digital designs and use coding to create apps, games and quizlets.



Year 7 have been building on their collaborative and critical thinking skills while working on their Rome Game Assessment Tasks in Humanities. Congratulations to students and staff on their creativeness, commitment and thought provoking tasks.

Yearly Examinations

The Yearly Examinations will be held next term in Weeks 4 and 5. These exams are designed to assess understanding of the material taught throughout the year and the ability to apply what has been learned. Preparing for exams requires a comprehensive approach and is a gradual process that should ideally begin early to avoid last minute cramming. Students are advised to create a study schedule and begin revising their classwork, completing practice questions and creating comprehensive study notes. Developing solid study habits in junior years are vital for setting a foundation of effective study practices leading into the HSC. Teachers will provide students with revision lessons and homework which will allow students to consolidate their understanding of the work that has been covered over the year and provide the opportunity for questioning and clarification. We run a Homework Help and Maths study session where teachers are available to support students with their work. This session takes place on Monday afternoons from 2:30-3:30pm in A5.

Tell Them From Me Survey

Tell Them From Me is an online survey which presents an opportunity for students, parents and caregivers to provide valuable feedback about the learning and well-being procedures and practices at Narara Valley High School. It would be greatly appreciated if parents and care givers could complete the multiple-choice survey using the following link <http://nsw.tellthemfromme.com/nvhs>

Your feedback is highly appreciated and is utilised to shape our school well-being structures, teaching and learning strategies and whole school initiatives. The survey window shuts on November 4th.

NATALIE KARASINOV

Rel. Deputy Principal Year 7

DP REPORT Year's 8, 10 & 12

As we approach the end of a very busy Term 3, I would like to wish our families and staff a relaxing, well deserved break before we return for Term 4.

Our Year 12 students completed their Trial HSC Exams during Weeks 4 and 5 of this term. This was a time for students to show their knowledge and understanding of their subjects under examination conditions, in preparation for their HSC. During this week, students have been receiving their marks and are being provided with detailed feedback. Students are currently reflecting on their performance for each subject and are working towards improving their work, in preparation for their HSC.

Our Year 12 students have also completed their major projects. It has been great seeing some of the fantastic works that our students have created and produced. At the CAPA Performance evening, we were treated to watching the wonderful Year 12 Music and Dance performances.

Congratulations to all our students on their fine efforts in completing their major works and a huge thank you to all of our teachers for supporting our students every step of their journey.

Term 3 always ends with us farewelling Year 12, wishing them well as they sit their HSC examinations next term and make decisions about what lies ahead.

Our students have worked incredibly hard over the past SIX YEARS and many have been celebrating a little early with early entry offers to University. This is an amazing achievement and I would like to wish all the students the very best of luck as they prepare for the HSC examinations!

Some helpful hints might be to:

- Establish a study routine that works for you and stick to it.
- Allocate time for each subject.
- Review your notes regularly.
- Practice writing responses for your teachers who are still available to you, in person or through email, if you need feedback or support during your study time.
- It's also important to remember your wellbeing at this time and you need to make sure you have a good balance between school, work and recreation to keep you at your best.

Remember, while everyone wants to achieve something different, it is important to set clear goals and work towards achieving the success you want to achieve. We are here to help and we know you are going to be successful!

Just like the Trial HSC, the HSC examinations will be held at Narara Valley High School and you can access your individual timetable through the students online portal. If you aren't sure you can access the whole timetable document:

<https://www.nsw.gov.au/education-and-training/nesa/key-dates/hsc-written-exam-timetable>

You will need to allow extra time at the start of your HSC exams as there will be paperwork to complete so it is important that you are at the school well before the start time of the examination.

<https://education.nsw.gov.au/student-wellbeing/stay-healthy-hsc/resources/hsc-what-you-need-to-know>

Of course, we have a few celebrations coming up including our Annual Year 12 activities, Graduation Ceremony and Formal. I can't wait to see all the students dressed up and celebrate their success!

GEOFF FLEMING

Deputy Principal Years 8, 10 and 12.

DP REPORT Years 9 & 11

PBL at NVHS

When I wrote this report at the start of Week 9, I am so pleased to announce that there were 9392 positive PBL incidents recorded on Sentral for this term. There are so many students who display our PBL values of Respect, Responsibility and Personal Best. I am very excited to do our Term 3 major PBL draws next week and will post the winning students on our Facebook page. Good luck to all eligible students!



PERSONAL BEST

PERSONAL BEST EACH DAY, EVERY DAY

- I complete all my set work to the best of my ability.
- I participate in classroom discussion in a positive manner
- I complete all of my homework.
- I complete all of my assessment tasks and ensure I submit them by the due date.
- I participate in all school activities in a positive manner.

RESPECT

RESPECT FOR MY TEACHERS

- I follow the teacher's instructions the first time they are given.
- I listen respectfully. (No calling out or speaking whilst the teacher is giving instructions.)

RESPECT FOR OTHERS

- I keep my hands to myself.
- I use appropriate language. (No swearing or vulgar language- directed or nondirected).
- I think before I say things to others and don't say it if it might be hurtful to them.

RESPECT FOR MY SCHOOL ENVIRONMENT

- I put my rubbish in the bin.
- I treat school property and equipment with care

RESPONSIBILITY

UNIFORM RESPONSIBILITY

- I wear my school uniform proudly

CLASSROOM RESPONSIBILITY

- I enter the classroom in a quiet and respectful manner.
- I sit and remain in the assigned seating plan.
- I have the correct equipment ready and use it appropriately.

YONDR

- I lock my phone in my YONDR pouch before roll call each day

ATTENDANCE RESPONSIBILITY

- I attend school each day.
- I am on time for class.
- I obtain permission if I need to leave class

DP REPORT Years 9 & 11 conti.

2024 Leadership Team

Our 2024 School Leadership has recently been announced. We would like to congratulate the following students who have been selected to be part of our leadership team.

Support Unit	Year 8	Year 9	Year 10	Year 11
Toby Mills Joshua Roberts Luke Roberts	Scout De Kalb Mikayla Duck Isabella Erdos Cordelia Garbyal Isabella Hennessy Ivy Leadbitter Taylah Singh Jasmine Smith Phoebe Wells Ashley Wiseman Lewis Pankhurst	Jared Bladergroen Catrin Dungar Sharlotte Fisher Ruby Lia Hamish McCann Gabriella Papsworth-Lints Sara Ransley Gabrielle Tragaris Harley Weibel	Jude Cardozo Noah Drennan Renna Giokas Charlotte MacLeod Joel Matthews Eliza Thomas Eliza Zemek	Micah Bolger Aylin Doushabchizadeh Millie Hardacre Lyndal Hillier Kira Jones Jack Kenny Olivia Mozely Benjamin Pugh Xander Rush Jake Tresize

I would like to congratulate the students that were successful in obtaining School Captain, Vice Captain and Senior Prefect for 2024.

School Captains – Travis Pankhurst and Hannah Mason

Vice Captains – Jarrah Fender Waters and AJ Wakelin

Senior Prefects – Billy Douglas–Harding and Jade Te Puia



DP REPORT Years 9 & 11 conti.

Year 9

Our Year 9 students have continued to impress with their maturity and dedication to their studies this term, successfully completing a range of assessment tasks. I would like to encourage this current commitment to their studies as they move into Term 4. Year 9 uniform has been worn to a high standard, students are reminded that they can wear either the full PE uniform or the full traditional uniform to school.

Year 11

Our Year 11 cohort are currently completing their end of Year 11 course examinations. Prior to starting the examinations, I had the pleasure of inviting all students and I was very pleased with their maturity and focus to their studies. In the first few weeks of Term 4 they will be issued with their Year 12 Assessment Booklet and with parental permission can make a change to their Year 12 pattern of study with the option to drop a subject.

I would like to wish our school community a very happy and safe holiday and I look forward to working with all the students again in Term 4.

AMANDA BARRALE

Rel. Deputy Principal Years 9 and 11

WELFARE REPORT

School Disco

Our School Disco was the start of something special in NVHS history. All students who attended had an awesome night and we can't wait to host the next one in 2024.

A big thanks to the amazing staff who helped. We all agreed that the students who attended were fantastic.



LIVIN

Yesterday Year 7 and 8 students were presented with LIVIN, a mental health education program designed to break the stigma surrounding mental health and promote positive mental health in school environments.

Students were commended on their engagement and behaviour throughout the presentation. For more information the program please visit their website: <https://www.livin.org/>



LINC Class

RAGE is a strength based solution focused program that is hands on, practical and also fun for students. Our LINC class today graduated 🎓 from the 6 week program and celebrated with an awards ceremony and party.

We are so grateful to have had Sam and Amanda facilitate and guide our students through this enriching program.



WELFARE REPORT

R U Ok Day

We had a fabulous day creating awareness and checking in with our friends. Thank you to Bungree and Headspace for coming to our lunch time event.



NICOLE LUDLAM & LAUREN ROLFE

Rel. Head Teacher Welfare

CAPA REPORT

Year 12

A massive congratulations to All Year 12 CAPA students for the completion of their HSC Practical component. The CAPA staff are very pleased with your effort and application to complete their practical area to a high standard.

Regional Dance Ensemble to State Dance Festival

These talented students from NVHS were chosen to represent the Regional Dance Ensemble to State Dance Festival; Maya Zeman, Ebony Skelton, Elizabeth Lyons and Lillian Martinson.

Students from Year 9 Drama participated in a Mask Making Workshop

Using the process of paper mache on their faces, students designed, built and decorated their own masks which will be used in an upcoming assessment task on Commedia dell'Arte, an Italian theatre style of comedy.



Before:



After:



LYNNE AKHURST

Head Teacher CAPA

HSIE REPORT

As we wrap up a very busy Term 3, the HSIE Staff would like to congratulate our Year 12 cohort on successfully completing their Trial HSC Examinations in:

- Ancient History
- Business Studies
- Japanese Beginners & Continuers
- Legal Studies
- Modern History
- Society and Culture
- Work Studies

We wish all of Year 12 the very best of luck for their upcoming HSC Examinations and every success in the future, whether they be transitioning to the workforce or continuing with tertiary education.

Remember that teachers are available in this period if any assistance is required. All students are encouraged to complete practice past HSC papers under timed conditions and submit them for feedback, as this is a gold standard strategy for success. It goes without saying that students should also have a study plan in place, to revise course work and review digital resources up until the exams.

Stage 5 HSIE courses are also finalising assessment tasks this term, and staff have been very impressed by the quality of responses for both the Year 9 Changing Places and Year 10 Human Wellbeing units.

The HSIE Faculty looks forward to a dynamic start to Term 4 after a safe and relaxing spring break. Our staff are busy organising engaging learning opportunities and excursions to complement our studies in the classroom.

JESSICA GRUNDY

Rel. Head Teacher HSIE

PDHPE REPORT

"If my mind can conceive it and my heart can believe it - then I can achieve it."

Muhammad Ali, Boxer

PDHPE AND CAFS EXAMINATIONS

Congratulations to all of our Year 12 PDHPE and CAFS students on completing their Trial Examinations over the past two weeks. We will really miss the prowess of the Year 12 SLR who have developed a positive culture and have left a legacy behind them at NVHS.

Good luck to all Year 11 PDHPE and CAFS students completing their examinations over the next two weeks. Study, revision, practice and preparation all pay off when faced with a challenge. Believe in yourself, we do!



SLR

Year 11 SLR have recently taken part in gym sessions that link to their resistance training unit of work. MR Koen and Mr Heron have commended them on how well they have behaved and their impressive curiosity to challenge themselves whilst on the excursion. Go Blacksnakes!



TSP

Year 7 & 8 students in the Talented Sports Program, have been participating in and learning about a variety of fitness and recovery sessions this term.

Students attended Mingara Pool and work on correct swimming technique and fitness protocols. They attended Gee Recovery in Berkley Vale. Students experience recovery protocols such as: ice, sauna, compression and mobility. The resources that the students were able to access and trial are top level quality. TSP students successfully experimented and learned several protocols and techniques that elite athletes use in their training programs.



PDHPE REPORT

Just this week, TSP students took part in the TSP Cup.

Students participated in a range of skill and tactical games to battle for the 'chicken'. All students competed with excellent sportsmanship and competitive nature.

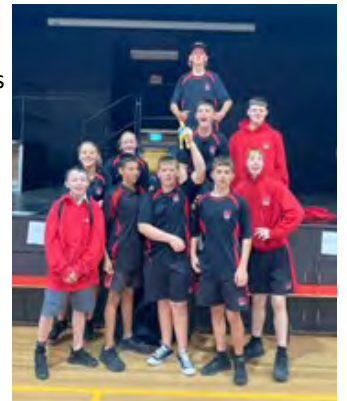
TSP Cup Winners - Iceland.

This group of boys took home the 'chicken' and the TSP Cup. Congratulations.

2nd place - Monaco

3rd place - Namibia

4th place - Malaysia



CHILD STUDIES

To complete the Party Time unit of learning, students designed a child's party for the assessment task. At the end of the unit, both classes enjoyed a well deserved treat. Each student brought in a food item that was included in the party they had planned.

Congratulations Year 9 Child Studies students, you went above and beyond, well done!



SYDNEY NORTH REGIONAL ATHLETICS CARNIVAL

Congratulations to the following students who competed at the Sydney North Regional Athletics Carnival.

Christopoulos, Saxon
Curtis, Spencer
Cutbush, James
Draper, Daniel
Fisher, Sharlotte
Lenihan, Daemon
Lyons, Elizabeth
Mason, Hannah
Meale, Kirra
Pugh, Benjamin
Roberts, Luke
Shoesmith, Cameron
Singh, Harley
Small, Denzel
Wells, George
Wells, Phoebe



PDHPE REPORT

NSW COMBINED HIGH SCHOOLS ATHLETICS

A huge congratulations to the following students for competing at the NSW Combined High Schools level.

Jasmine Brydson - Shot Put

Daemon Lenihan - 100m, 200m, Discus

Luke Roberts - 800m

Geroge Wells - Discus, Javelin, Shot Put

Phoebe Wells - Shot Put



This stage of competition takes practice and dedication to accomplish. Well done to our Black Snake students!



Lucas Pugh from Year 7, is currently representing NVHS and Sydney North at the Combined High Schools Trampolining competition at the CCYC. Lucas has already placed:

4th for Single Mini Tramp

2nd for Double Mini Tramp

2nd for Tumbling

1st for Trampoline

Lucas was so successful that he has been declared the 13yr boys Age Champion.

Lucas competed in the Champion of Champions Competition and placed 5th overall. He competed against all the boy age champions including the 16yr old Australian trampolinist so the competition was extremely competitive. Sydney North finished 2nd overall.

Congratulations Lucas!



UPCOMING KNOCKOUTS, SPORTS TRIALS AND INFORMATION

Year 8 European Handball Assessment Task - 13/9/23

Students versus Teachers events - Weeks 9&10

9&10 PASS Assessment Tasks due in Week 9 & 10

CHS Trampolining

Pickleball PBL - Last day of term.

PDHPE REPORT

KNOCKOUT SPORTS / GALA DAYS

NVHS U15s Girls Netball Team. Netball season has been extremely busy this term! The U15s Girls Knockout Netball Team played and were unsuccessful in their travels down to Sydney. Thank you Ms Morrison for taking the girls. NVHS was represented with pride and skill.

NVHS Netball Gala Days. There were also plenty of Netball Gala Days. Netball NSW Cup had NVHS enter 5 teams (2 boys teams and 3 girls teams) in the competition. Adcock Park put on a good show with the weather and the teams played approximately six games each! A huge thank you to ex-student, Chloe Ryan, for volunteering her time and skills with the boys team. Thank you to Mr Bowers and Ms Moody who were busy all day with the other teams, providing advice, expertise and guidance throughout the day. Thank you to several SLRians for their assistance in scoring, managing and umpiring. Thank you Chloe Blake, Lilly Fink and Ella Breen for assisting with umpiring. Several students stepped up and displayed outstanding leadership qualities throughout the day. Thank you and congratulations.

NVHS Netball. Sydney North Regional Netball Gala Days followed with girls teams from Year 7&8 and Year 9&10 representing NVHS. Both teams played well and improved over the day. Students displayed outstanding sportsmanship. Thank you to Mr Carey and Ms Moody for taking the teams and the organisation that goes with it.



NVHS Year 12 students v Teachers games. These competitive games will started on Wednesday, and continue through to the end of term.

Goodluck to all that are involved. Go Blacksnakes!



PDHPE REPORT

TEACHER SPOTLIGHT



Mr Hugh Wickert

How long have you been teaching? 8 years

Favorite sport/s: Field hockey, NBA, NFL, actually most sports ;)

Favorite colour: Teal

Nicknames: Huge, Wicko, The Muffin Magpie Missile, Precious

Interesting facts: My sister captained Australia in rugby union for 10 years. Played hockey in England for two years. 1 of 5 siblings. Attended NVHS as a student. Never broken a bone.

“You miss 100% of the shots you don't take.”

Wayne Gretzky, Canadian Hockey Player

JACKIE MORRISON & JESSICA MOODY

Rel. Head Teachers PDHPE

SCIENCE REPORT

Term 3 has come to an end and what a busy term it has been!

Year 8 have completed their Chemistry unit, culminating in them each submitting their Independent Research Projects.

Year 9 have finished their Physics unit and have presented their "Block" houses with working electrical components for marking.

Year 10 were excellently behaved during their VALID test. Results should be made available early next term.

Year 9 Marine Studies have finished their Fish Biology unit and submitted some outstanding anatomical models for their assessment task, as well as having lots of fun completing fish dissections. Meanwhile, Year 10 Marine Studies have completed their final examination for the course, with all students set to receive their Preliminary HSC Certificates for their achievements.



Our Year 11 students have now finished their courses and are sitting their final exams before starting their HSC course in Term 4.

We also say farewell to our Year 12 students, who after 13 years of schooling are now finished. Students are encouraged to continue studying and preparing for the final exams by accessing Google Classroom materials, Edrolo lessons and past paper questions. There has also been many fun activities to finish their schooling journey, highlighted by Year 12 Biology who recently enjoyed ZooSnooze at Taronga Zoo, along with a workshop at the Royal Botanic Gardens.



MAX ENDERS

Rel. Head Teachers Science

YOUNG PARENTS PROGRAM

Are you interested in going back to work, but need some qualifications?

Do you have children under school age at home, which makes it hard for you to study?

Our YPP program is perfect for you!

We have a dedicated classroom and teacher support for you to complete your studies whilst your children who are under school age, are cared for in our on-site creche!

The cost is only \$3 per child per day, including food.

If you are interested, phone Louise Miller on 0422840161

YOUNG PARENTS PROGRAM

Are you a parent under 30?

Come join our program at Narara Valley High School on Wednesdays and Thursdays

Do you want to finish or continue your school education, TAFE or University degree?

CRECHE is available for your child/ children onsite while you study.

Morning tea, lunch and afternoon tea is provided and drinks are supplied for \$3.00 per child per day

For further information contact Louise on 0422 840 161



LOUSIE MILLER

Program Coordinator

COMMUNITY ANNOUNCEMENTS



Free

**Online Information Session
Fairhaven Disability Services**

Fairhaven is hosting post school pathway information sessions.

Leaving school and wondering what's next?

Wanting to know more about our community access and organised group events.

Needing support coordination

Join us!

Where: Microsoft teams Link will be provided

When:

Thursday 19th September 5.30pm – 6pm

Friday 29th September 3pm – 3.30pm

Thursday 5th October 10am – 10.30am

To book email aprils@fairhaven.org.au or 0409 924 967

www.fairhaven.org.au



Registered
NDIS
Provider

COMMUNITY ANNOUNCEMENTS



Do you have school aged children with a NDIS package?

Tuesday 9am – 3pm

26th September

Reptile Park (online ticket prices quoted)

Concession ages 16 plus \$40.99

Concession ages 15 and below \$29.99

Bring a packed lunch or money for lunch.

*Carer free with companion card



Wednesday 9am – 3pm

27th September

A day in the Community Hub @ Point Clare

Gaming Championship

Lego Haven

Cook 4 Lunch

Arts n Crafts

Plaster Painting

Djembe with Khi



\$20.00

Thursday 9am – 3pm

28th September

Clip n Climb Inside Gosford Leagues Club

Cost \$22.50

Carer is free with Companion card.

Bring your packed lunch or lunch money for meal of choice.

Afternoon at the Park (weather pending)

Bookings essential and all enquiries to: hello@fairhaven.org.au



**Programs are subject to change as they are dependent upon numbers – so please book early*

COMMUNITY ANNOUNCEMENTS



fairhaven

What's On School Holiday Program – *EXPRESSION OF INTEREST*

Do you have school aged children with a NDIS package?

Tuesday 9am – 3pm

3rd October

Community participation at Tuggerah

Movies, lunch and I Play

Event Cinemas Tuggerah

Standard Student ticket \$17.00

Money to purchase lunch of choice.

I Play Tuggerah prices vary depending on number of games played.



Wednesday 9am – 3pm

4th October

A day in the Community Hub @ Point Clare

Gaming Championship

Lego Haven

Cook 4 Lunch

Arts n Crafts

Djembe with Khi

Rock art



\$20.00

Thursday 9am – 3pm

5th October

Hunter Valley Gardens



& PLAY IN THE GARDEN

Amaze & Play

Entry fee is \$28.00.

Bring a packed lunch or money to purchase.

Bookings essential and all enquiries to: hello@fairhaven.org.au

**Programs are subject to change as they are dependent upon numbers – so please book early*

COMMUNITY ANNOUNCEMENTS



Community HUB Open day

Fairhaven Disability Services

Join us for a day of fun & meet the Fairhaven team.

You are invited to sample a few of the activities we have to offer in our Community HUB @ Point Clare

When: Thursday 21st September

Where: Fairhaven Disability Services – 209 Brisbane Water Drive
Point Clare - entry via Margaret Street

off street parking available onsite

Time: 10.00am – 2.00pm



The following activities will be offered throughout the day:

- Music and Movement
- Independent living skills (cooking)
- Arts N Crafts
- Djembe Drumming with Khi



Lunch @ 12.00pm: Sausage sizzle and Refreshments

RSVP: hello@fairhaven.org.au by Monday 18/09/2023

COMMUNITY ANNOUNCEMENTS



A 147 Maidens Brush Rd, Wyoming
P: 43237483
E: lizzy@grcs.org.au
P: PO Box 673, Gosford NSW 2250
ABN 40 184 425 260
www.gosfordcommunity.org.au



What's On Now?

**FREE COOKING
WORKSHOPS FOR
YOUNG PEOPLE!**

@ THE WYOMING COMMUNITY CENTRE
147 Maidens Brush Road, Wyoming



Cooking Island Style **Sweet dessert flavours of the Islands!**

Cooking for young people aged 12yrs - 17yrs

Bring a friend and cook together!



Tuesday 26th & Thursday 28th September

11am-1pm

Hawaiian mea 'ono & Malasadas!

Tuesday 3rd October (longer day)

11am—2pm

Paharahara Bread!

Bookings via Eventbrite

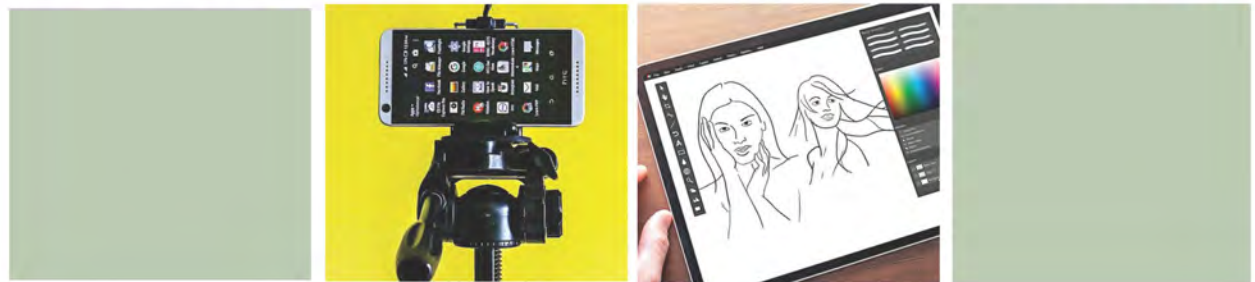
<https://www.eventbrite.com.au/e/716981790837?aff=oddtcreator>

Or contact 4323 7483 kate@grcs.org.au






WORKING TOGETHER TO BUILD RESILIENT COMMUNITIES
We acknowledge the Darkinyung people as the traditional custodians of the lands on which we work and support our community.

COMMUNITY ANNOUNCEMENTS



	<p>Stop Motion Animation Wednesday 27 September Art Space 1 Erina Centre</p>	<p>Digital Illustration Wednesday 4 October Art Space 1 Erina Centre</p>	
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<p>Lights, camera, stop motion action! Embark on a creative holiday adventure with this hands on workshop. Limited spots available! Suitable for 13-17yr olds Cost: \$5.50</p>	<p>Unlock your artistic potential! Learn the basics of digital drawing, explore different illustration styles, using Procreate. Limited spots available! Suitable for 13-17yr olds Cost: \$5.50</p>	<p> @centralcoastcouncil youthservices</p> <p> @cccyouthservices</p> <p> e:youthservices @centralcoast.nsw.gov.au</p>
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<p>League Stars Skills Clinic Thursday 5 October Kariong Skate Park</p>	<p>CCS Skate Workshops Thursday 5 October Kariong Skate Park</p>	<p>Plug & Play – Jam Session Friday 6 October The Hub Erina, Erina Fair</p>	<p>SCAN for more details</p> 
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<p>Level up your skills at our exhilarating NRL non-contact skills clinic. Tap into your athletic potential in a fun, safe and supportive environment. Suitable for 5-12yr olds Cost: FREE</p>	<p>Get ready for the Central Coast Series skate workshops and competition for all skill levels. Showcase your skills and win awesome prizes! Suitable for 5-18yr olds Cost: FREE</p>	<p>Grab your instruments, bring your creativity for a music jam session like no other. Sing, play and collaborate with other like-minded young people. Suitable for 12-24yr olds Cost: FREE</p>	 <p>CONNECT CONSULT CREATE</p>
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COMMUNITY ANNOUNCEMENTS



play cricket
GIRLS AND WOMENS COME AND TRY
@ NARARA VALLEY HIGH SCHOOL
SUNDAY 3RD, 10TH, 17TH, 24TH SEPTEMBER
11:45AM GIRLS (SIXERS) & STAGE 2
12:30PM WOMEN & FEMALE YOUTH LEAGUE

PLEASE ARRIVE 10MIN EARLY TO WALK ACROSS FROM THE CARPARK

New to playing, or have any questions?
feel free to approach us at training or reach out
through message on our facebook page



NSW public schools open these holidays!
We're proudly sharing our space with the local community.



LEAGUE STARS
NRL Game Development have partnered with Central Coast Council Youth Services to deliver a free League Stars holiday clinic.

FREE Skills Clinic (Non-contact)
Thursday, October 5, 2023
9:00am to 10:30am
Kariong Oval

Register via the link

Partnered with
Central Coast Council



Central Coast Spring Holiday Junior Chess Tournament (ages 6 to 17)

Entry fee \$10
For full entry details please email, not text:
Gary Losh
glosh6090@gmail.com
0432 453 726

Rated by NSWJCL

For NSW country players. Limited to 140. Please don't pay until entry confirmed.

Friday 6 October
Must pre-enter by Wednesday 4 Oct.
Central Coast Grammar School
9.30am – 4.00pm

Minimum ability: Must know how to move the pieces and complete games independently.

COMMUNITY ANNOUNCEMENTS



New Member Registration Day

Come along and meet our club representatives. We are a fun, friendly and family orientated Club.

2023/24 Season
Sunday 17th September
3pm – 5pm @ NASLSC

All Members are invited to SIPS and a BBQ from 5pm

Gosford Pirates Baseball Club



Try Tee- Ball and Baseball

Ages : - 4 years to 15 years for girls and boys
For new and returning Players.

Come along and have a fun morning exploring and learning the skills of baseball.

When Sunday 10th and 17th Sept

Where: Newcastle St, Springfield

Time: 9.30am to 11.00am

Bring a hat, sunscreen and water.

To register your details at
gosfordpiratesjuniorbaseball@yahoo.com or Facebook Gosford Pirates Juniors Baseball.



Come join our club as we celebrate our 70th Year.