

Coming Events:

<u>2022</u>

16 Dec	-	Students last day
19/20 Dec	-	Staff dev days

<u>2023</u>

27/30 Jan	-	Staff dev days
31st Jan	-	Years 7/11/12
		Return to school
1st Feb	-	Years 8/9/10
		Return to school
13-15 Feb	-	Year 7 Camp
17 Feb	-	Swimming Carnival
20 Feb	-	Year 7 Vaccination

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PRINCIPAL'S REPORT

The principal's article for our final newsletter for 2022 will be the transcript of the principal's address from our recent Presentation Assembly.

20 December 2022

Good evening students, and staff, parents and carers and our special guests.

I would like to begin by also acknowledging that our presentation assembly is being held on the traditional lands of the Darkinjung people. I also pay respects to both elders past and present and extend that respect to all Aboriginal students, staff and visitors who are joining us today.

It is a truly great thing to be addressing you today at a full presentation assembly. I haven't given a principal's address at an in-person presentation day ceremony since 2019, so it is a huge bonus that we can all be here to take part in it this tonight. That being said, for the first half of 2022 we still felt significant impacts across schools as COVID 19 restrictions curtailed some regular activities and certainly challenged us when staffing our school each day. I would like to recognise the dedication and resilience of our staff team and of course our students and families as we overcame these challenges and had quality learning experiences continue across the school. It was likewise fantastic for us to celebrate our CAPA concert last night, which was a great success thanks to the excellent student performers and hosts, sound and lighting crew and organising students and teachers.

Despite restrictions still existing in one form or another for at least the first part of the year, 2022 has seen some prolific achievements on the part of NVHS students. Our merit presentation assembly this morning recognised hundreds who were highly commended for their effort in class. Likewise, tonight's program details significant academic, sporting, artistic and community service achievements from students across all year groups in the school.

Our school continued to make great progress towards achieving the goals of our 2021 to 2025 strategic improvement plan. The key areas of literacy, numeracy, wellbeing, and effective classroom practice saw a number of initiatives go ahead despite the need to change certain aspects of how our plan was implemented whilst we grappled with day-to-day staffing shortages due to COVID 19. Our attendance initiatives, designed to greatly increase the number of students attending more than 90% of the time, were also very successful. My thanks to the wonderful staff who managed these vital projects. 2023 will see the school embark on a new cycle of planning, which we are very excited about. Our emphasis on supporting the development of skilled, happy and healthy young people who contribute actively to their community will remain very strong.



16 December 2022

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PRINCIPAL'S REPORT cont.

To all of the students who are receiving awards today, I would like to extend my sincere congratulations. Your efforts have well and truly paid off and you have cause to be very proud of yourselves. Being recognised for your efforts in front of your peers and school community is always a wonderful and memorable thing.

I would like to take this opportunity to thank the organisers of today's presentation assembly. To Mrs Barrale, our HT Science and Mrs White in our school office, thank you for the months worth of work you have put in to ensure that every detail is considered and that our assembly recognises such a broad range of successes in such an authentic way. Thank you also to the team of staff who have assisted them.

The end of a school year inevitably means that we say goodbye to people. I would like to acknowledge the following staff who will be leaving us. Mrs Neville in our Teaching and Learning faculty will be taking some leave for 2023. We thank Mrs Neville for her contributions to our school over many years and look forward to her re-joining us in the future. Likewise, another long servicing and highly respected teacher in our PDHPE faculty, Mrs Barnes, will be taking some leave in 2023 to work in a school nearer to her home. Our Deputy Principal, Mrs Forrest, will also be leaving us temporarily whilst she relieves as principal at the Delroy campus of Dubbo High School. This is a great opportunity for Mrs Forrest to lend her skills to this school, but of course, we will miss her terribly and look forward to her coming back. Mrs Barrale will relieve as DP in Term 1 and Ms Rae will relieve as DP in Term 2. Ms Willmott in our Support Unit is leaving us to take up a permanent position at Kariong Mountains HS. Ms Willmott has been an invaluable member of our Support Unit team and leaves a great legacy. We also farewell our instructional leader, Ms Ferrara, who has been a long serving teacher and Head Teacher at Narara Valley High School. Ms Ferrara will join the department of Education's teacher quality team as a Lead Specialist in southern New South Wales. We also farewell Ms Robinson (CAPA) and Mr McMahon (Maths) who have been working with us as temporary teachers this year. We wish these wonderful staff members all the very best for next year.

Finally, I would like to thank the entire school community of Narara Valley High School for making my first year as principal such an enjoyable one. I have observed our school to be one with great spirit, heart and limitless potential and am very proud to be its principal. I wish everyone all the very best for a happy and safe Christmas and holiday season and look forward to another great year in 2023.

ANDREW SKEHAN

Principal

DP's REPORT Years 7, 9 and 11

In the final newsletter for 2022, I would like to take the opportunity to thank all of the Narara Valley High School Community (Staff, Student, Parents and Caregivers) for working together throughout the year. Reflecting back on the year I have been so grateful to return to a full, relatively uninterrupted year of having students and teachers back in the class rooms.

It was fantastic to see students once again, being able to participate in the numerous events such as school camps, sporting carnivals and other excursions that reinforce what is being taught in class or build a sense of belonging with in the school community. I am extremely thankful to all our staff that put in the extra work to organise such events.

As quickly as this year has flown by, it is important that students are attending school as much as possible so that they can seize the opportunities available to them.

I look forward to following year 7, 9 and 11 students on their educational journeys in 2023. Year 7 will move into their final year of Stage 4 of their education and will have some important decisions to make about their pathways throughout Year 8. Meanwhile Year 9 students will move into the final year of Stage 5 of their education. I always find that Year 10 is an important year for students to ensure they have the building blocks in place to be successful Senior students in the future. Our Year 11 students have already completed the first term of their HSC year. I would like to encourage students to reflect on this first term and remember the supports that are available to them during their final year.

Finally, I would like to wish everyone a happy and safe holiday season and I look forward to seeing you all back in 2023!

GEOFF FLEMING Deputy Principal Years 7, 9 and 11

DP's REPORT Years 8, 10 and 12

Another year has flown by and Christmas is upon us once again.

Congratulations to all students who have received an award at the school Presentation events. It was fantastic to see so many students receiving awards for all their hard work. Next year is a transition year with Year 8 moving onto the next stage of their schooling, selecting electives and will change their core classes. Year 10 go onto senior school starting their HSC journey with their preliminary year. They have selected courses of interest and levels of English that will enable them to succeed at courses of their choosing, building skills for their future. Congratulations to the many students who have managed to secure employment and traineeships. Students settled back into full time face-to-face learning and have had a great year of learning.

A huge congratulations to the amazing Year 12 who have had a very disrupted Years 10 and 11 leading up to their HSC. Many students gained entry to university, are working and starting the next phase of their lives. I wish them all the very best for their future; the world is at their feet.

I would like to personally thank the many students and parents at Narara Valley High school for their support over the recent years. I will be taking up a position as Relieving Principal at Dubbo College, Delroy Campus at the start of 2023. Narara Valley is still my substantive school for when I return.

I hope everyone has a safe and happy Christmas. To see families and celebrate without COVID restrictions will be great.

A reminder to all students to ask Santa for equipment and uniforms for 2023 in their Christmas wish list.

SAMOAN FORREST

Deputy Principal Years 8, 10 and 12

WELLBEING REPORT

Central Coast Walk Against Family and Domestic Violence.

Members of our school leadership team were proud to join in the Central Coast Walk Against Family and Domestic Violence.

The event was held in Gosford and aimed to demonstrate a united front in standing against acts of violence, coercion, and abuse. It was lovely to be joined by NVHS alumni, Ella Powell, who was the event ambassador and feature performer.





Year 10 LoveBites Program

During Week 9 our Year 10 cohort participated in LoveBites. We were the 25th school this year to have this amazing program delivered to students. The program focused on relationship violence, sex, consent, and respectful relationships and ended with a creative session where all students made and could take home a tote bag.

All students displayed Respect, Responsibility and Personal Best and received commendable feedback from the facilitators regarding their behaviour and engagement throughout the day.







WELLBEING REPORT

A message from the presenters:

Love Bites Central Coast

And just like that we have completed our last one day Love Bites Senior program for the year!! We had the best time at Narara Valley High School yesterday with the year 10 students. We discussed a range of topics including healthy relationships, consent, the law, being an active bystander and supporting our friends. Despite the hot day the students engaged in activities and discussions and ended the day with a bang designing tote bags. Thanks to all the teachers, counsellors, wellbeing and support staff who provided such amazing support on the day.

#consent #domesticviolence #respect #relationships #relationshipseducation #centralcoast #NAPCAN Coast Shelter

Year 7 Transition 2022 - That's a wrap

Tuesday 29th November concluded our Year 7 2023 Transition Program with a final parent information evening, which saw parents, carers and incoming students all excited to get those extra pieces of information. This followed on from Orientation Day, where we hosted all of the Year 7, 2023 cohort. The students were extremely respectful and demonstrated positive behaviours throughout the morning session before enjoying some outstanding dance, drama and music performances from our CAPA students.

Narara Valley High School is so excited to welcome our incoming Year 7 students on Tuesday, 31st January, 2023. This will be the



start of a six year journey where students will learn, grown and develop life long friendships.



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Principal - Mr Andrew Skehan

WELLBEING REPORT

First Nation – LIFE Program

Several of our First Nation Students graduated from their 6 week 'LIFE' Program. The Living Independently and Financial Equipped (LIFE) Program was facilitated by Community SOS and delivered Narara Community Centre. The students achieved outcomes in the areas of: Families, Masculinity and Feminity, Finances, Domestic Duties, Food and Nutrition, First Aid Training, Personal Health, Motor Vehicle Maintenance and Job Readiness.

To top off a wonderful program the students were invited to attend a Cultural and Leadership Camp, where this cultural experience took them on a trip to Gilgandra. Students would like to thank our Aboriginal Education Officer Kay Simmons and Aboriginal Student Learning Support officer Taeya Davison for supporting them throughout this 6 week journey.

Thankyou to Terry, Kim and Andrew from Community SOS for the facilitation of such a meaningful program. For more information about the Community SOS please visit the website below or find them on Facebook. https://www.communitysos.com.au/









WELLBEING REPORT

First Nation – Life Ready Camp

Last week nine of our First Nation students had a fantastic opportunity to visit a camp in Gilgandra and participate in a once in a lifetime cultural experience. Students departed NVHS on Monday 5th December and in two minibuses travelled to their campsite in Gilgandra. The experience included setting up camp, hunting and gathering, bushwalking and they also got to make wither a digeridoo (males) or clapping sticks (females) to take home.

When the students arrived home on Friday, it was evident that they had the most enriching experience and one that with be a memory that they will speak fondly of for years to come. This experience would not have been possible without our dedicated staff. Thank you to Mr Grant Hawke, Ms Kay Simmons and Miss Taeya Davison who took the time away from their families to support our students and help foster this connection with culture.

We extend our thanks to the staff from Community SOS, our neighbouring community centre for facilitating such an amazing excursion for our students.







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WELLBEING REPORT

We Care Connect Christmas Present Program

Thank you to everyone who contributed to our present collection drive for 'We Care Connects Christmas Present Program". All of the gifts have now been passed on and we received this feedback from 'We Care Connect' this week:

"They were fabulous and nearly all of your great gifts have already been sent out to young people. Our volunteers just loved the balls and sporting equipment, the games, all of it. We are so grateful for all the wonderful people who have responded this year with such great enthusiasm."

Great job NVHS community, thank you.

We know that Christmas time can be a challenging time for some people in our own community too. If you have a student at NVHS and are experiencing hardship please consider reaching out to our Wellbeing team this week.

Merry Christmas from the Wellbeing team.



NICOLE LUDLAM/LAUREN ROLFE

Rel. Head Teacher Wellbeing

INSTRUCTIONAL LEADER—LITERACY & NUMERACY

Wrap up

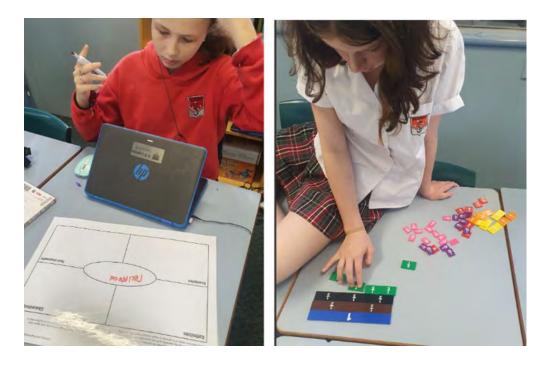
As we come to the end of another busy year, the Literacy and Numeracy staff have been reflecting on our successes and celebrations as a team and as a school. Congratulations to all students on their efforts and achievements this year. It has been very rewarding to be able to have a whole year of learning at school. Despite being faced with the challenges of uncertainties and restrictions at the beginning of the year, and it has been refreshing to be able to return to normal to finish the year together.

Being able to track the data and compare student results from their assessments and exams, such as Check-in assessments, NAPLAN, HSC Minimum Standards to show their progress throughout the year and to see the positive shifts in individual students growth has been very beneficial. We look forward to using this data along with what your teachers and you can tell us about what you need to inform our support in 2023.

While the funding we have enjoyed over the past two years is only for 6 months next year, Mrs Spadina and Mrs Haidar will be back to provide some targeted support for identified groups of students. Ms Hoffman will be beginning her teaching career, so you may see her doing some casual teaching days.

Group tuition cycles have been wrapping up, and have been happy to report the success of the program to parents and students. Delivering the full semester program with a literacy and /or numeracy focus has not only been fun but very satisfying watching the students progress. The small groups allowed rich discussions to prior knowledge of key concepts, as well as a complete monitoring and observation cycle to see where growth has happened. The literacy focus has been on developing knowledge on inference through context clues in text. The students have loved ignition activities included Bananagrams, Freya Model, word cline, a-z vocab game, Jenga. Reading strategies have included skimming and scanning, highlighting key points, inference strategy, activating prior knowledge, re-reading the text, making predictions and summarising. Nearpod was used as a fun tool to help teach inferential comprehension. Writing groups focused on sentence structure, grammar, and vocabulary.

Numeracy groups have focused on Year 8 First Nations students. They have enjoyed number patterns and algebraic thinking, Interpreting and representing data, think aloud, talk moves and inference strategies, utilising Nearpod and numeracy metalanguage. They will be taking home their Plan 2 end of year reports and Personal Learning Plan folios to review with their families/carers. Thank you to Mrs Spadina and Mrs Simmons our Aboriginal Education Officer and our students who have worked together to produce something that sets a high benchmark for next year.



INSTRUCTIONAL LEADER—LITERACY & NUMERACY

Farewell

While I am sad to be leaving after being a member of the school since 2012, I feel proud of what we have achieved and excited to be sharing lessons learned through this program and from my fabulous staff as a Lead Specialist in Literacy 7-12 with the Batemans Bay Office of the NSW Department of Education.

Like many staff and students, I have had opportunities I would not have had elsewhere. I walk out of these gates a different person from who I was when I walked in, and I thank the many people I have walked with along the way.

Merry Christmas and all the best for the future.

MELISSA FERRARA Instructional Leader—Literacy & Numeracy

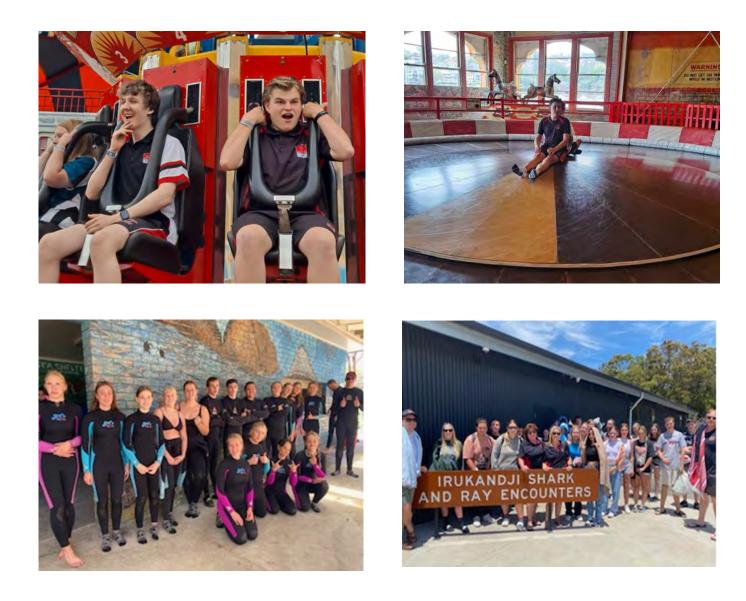
December 2022

SCIENCE REPORT



SCIENCE EXCURSIONS

I would like to congratulate the students who recently participated in both the Port Stephens Marine Camp and Luna Park Excursions.



SCIENCE REPORT

2023 HSC

Our 2023 HSC Students have commenced the HSC courses and completed their first assessment tasks. To support student learning, all HSC Classes now have access to EDROLO which is an online learning program. Students should be working through the online lessons both during class time and as part of their home study routine.



PREPARING FOR 2023

Science Books and Equipment Requirements:

Students need to bring an A4 Exercise Book (approx. 190 pages) each lesson.

Students should also have a pencil case with pens, pencils, highlighters, glue and a ruler.

Correct Footwear:

Students need to wear fully enclosed shoes to participate in Science Practical lessons.



AMANDA BARRALE

Head Teacher Science

PDHPE REPORT





TSP

Following on from earlier tutorials run by Mr Koen and Mr Heron where the students identified which energy systems their bodies predominantly use for exercise, students were given the opportunity to train and improve these systems at F45 fitness - Tuggerah. The students were put through their paces in a workout designed to use different energy systems for a maximum burn.



TSP—Taster Day

We recently welcomed our TSP students for 2023. They enjoyed getting to know each other and our school leaders with some fun team building activities, sport and games. We look forward to welcoming them back next year.



SPORTING ACHIEVEMENTS

Cheerleading - Congratulations to Lilly Hart, Maia Urial, Akylah Coulter and Izzie Hart who recently competed in the National Cheerleading Championships on the Gold Coast. The girls came 3rd in both the Junior and Senior level 2 divisions. Well done, girls! What a great achievement!





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day and demonstrated our PBL school values.

PDHPE REPORT

15

Cooinda Cup - The Blacksnakes attended the Cooinda Cup which was held at the Central Coast Sports College. We had a fantastic day playing four traditional Indigenous Games: Millim Baeyeetch, Kokan;,Buroinjin and Koolche. Well done.

Soccer 7s - Congratulations to our senior boys who competed in the Coast Cup at Tuggerah. Although the scores did not go our way, all the students had a great

Water Polo - Congratulations to the Open Boys and Girls Water Polo teams who competed at the 2022 Wombats Cup at Woy Woy.

It was great to see all players learn new skills and work as a team during the games throughout the day. All students showed sportsmanship towards each other, and students from other schools, both in and out of the pool. Both teams played in the spirit of the game and had a lot of fun and laughs, even scoring a few goals throughout the day.

The boys finished 6th in a strong competition while the girls played 4th in a strong group of 8 schools.





December 2022



PDHPE REPORT

HOUSE CAPTAINS 2023

Congratulations to the following students who were selected by our PDHPE staff to lead our school as the 2023 Sport House Captains. These students were selected because of their willingness to participate in and encourage others in sport as well as consistently displaying our school PBL values of respect, responsibility and personal best. We look forward to working with these amazing students in 2023.

Bannister House	Gardner House
Mitchell Dean	Jasper Hawkins
Regan Cooper	Byron Hanlon
James Cutbush	Adian Halliday
Hadrian Caacbay	Kairell Iole





Mackay House	Saxby House
Jessica Place	Eugine Young
Sienna Russell	Harley Singh
Kartik Reddy	Heidi Williams
Callum O'connor	Gemma Szabo





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PDHPE REPORT

House Spirit

Our teachers are looking fabulous in their new House shirts, just another way that staff are promoting the House spirit.



Year 12 PDHPE excursion

Our Year 12 PDHPE cohort visited Castle Fitness and Gee Recovery. This excursion is to compliment what they will learn in Term 1 2023 in Core 2: Factors Affecting Performance, with a specific focus on types of training and recovery methods. They had a great day and some of them were also lucky enough to meet Socceroo Jason Cummings.



We have had a fantastic year in the PDHPE faculty and provided countless learning opportunities for our students. I would like to acknowledge the hard work and dedication from all of the teachers in the PDHPE faculty.

'I've failed over and over again in my life. And that is why I succeed.'

Michael Jordan

JACKIE MORRISON Rel. Head Teacher PDHPE

HSIE REPORT

During Week 6, a group of Year 9 and 10 students participated in the Illuminate Education Challenge at Ourimbah University. The challenge is an immersive experience which focuses on students stepping up and taking control of their learning and involves them coming up with a business solution to a problem. This year's problem was to help address the impact the last few years has had on tourism on the Central Coast. Specifically, they had to design a new eco tourism experience to entice visitors to the Central Coast. Over the course of the week the teams had to frame the problem, innovate a solution to the problem, write a business case, create a 12 month profit and loss projection, create marketing materials, prepare a pitch deck presentation and respond to a pressure cooker event. The week culminated on Friday night with a market demonstration, where teams had to set up a stall and sell their idea to the public.

Our Year 10 team developed a wilderness hideaway concept with the inclusion of treehouses as a key accommodation option. Our Year 9 team developed a vertical farm, tour and restaurant business to utilise abandoned buildings in Gosford.

We were so impressed with both teams. They worked incredibly hard, met all deadlines and really stepped up to display strong collaborative skills across the week. A big congratulations to these students.









December 2022

HSIE REPORT







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TAL REPORT

The Teaching and Learning faculty has had another wonderful and eventful year during 2022.

Year 7 went to Terrigal Beach as part of their water safety unit in MPS. The students had a wonderful time and learnt important skills to safely navigate the beach environment. They went swimming, played beach sports and entered a sandcastle competition.

Year 7 have enjoyed the integrated Humanities program, investigating the past and present in innovative and engaging contexts. Year 8 have powered through their curriculum with grace and vigour and are ready for the challenges of Year 9. Our STEP cohorts are a lively bunch of students who are coping well with the challenges set. They have achieved excellent results and impressed their teachers with their drive and self motivation. Well done to all of the TAL students and they should be proud of the hard work they have put in this year.

TAL would not be the incredible faculty it is without all of its outstanding teachers who care deeply about education and enriching the lives of students. The school is fortunate to have them. I would like to wish everyone a safe and happy Christmas and New Year.





NATALIE KARAZINOV

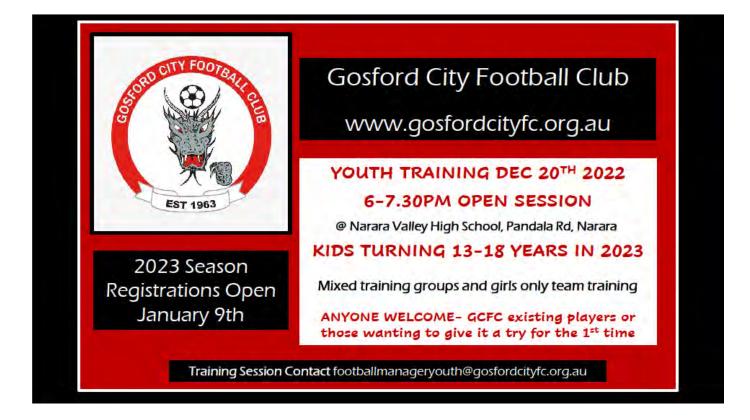
HT Teaching and Learning





COMMUNITY ANNOUNCEMENTS

December 2022



SERVICES AUSTRLIA

ABSTUDY can help Aboriginal and Torres Strait Islander students who live at home or away from home for high school.

To get all the ABSTUDY payments you or your child may be eligible for this year, call 1800 132 317 to claim before 31 December.

Find out more at: <u>servicesaustralia.gov.au/abstudy</u>

It's not too late to get ABSTUDY for 2022

You can claim for you or your child until 31 December.

servicesaustralia.gov.au/ abstudy

COMMUNITY ANNOUNCEMENTS

December 2022



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