



Narara Valley High presents their 34th Athletics Carnival



Mingara Regional Athletics Centre is a world-class synthetic track and field athletics centre.

Program

8.00am: Track Events - 400m, 800m, 1500m, 800m Walk

(Students competing will need to arrange their own transport. Entry to Mingara \$5)

9.05am: Chartered buses depart NV and arrive at Mingara 9.45am.

(Students catch their usual bus to school.)

Cost for the carnival is \$10 which covers bus travel (\$5) and entry into the Athletics.

Centre (\$5). No online payment will be available. Could all students bring the \$10 which will be collected prior to leaving school.

10.05am: Main carnival begins. Six 30min events for each age groups. (High Jump, Long Jump,

Discus, Shot Put, 100m sprint, 200m sprint and Relays)

Javelin will be conducted at school. Date to be announced.

1.35pm: Conclusion of Carnival and buses return to NV.

Extra participant information.

- If students need to leave early, they will need a note explaining why.
- Students are not permitted to “come and go” from the venue [e.g going to McDonalds].
- Students should prepare for the possible changing weather conditions during the day.
- The Mingara canteen will be open for students to access food and drink.
- School PE uniform should be worn augmented with house colours.

Good luck to all students. Be fair and respectful whilst being competitive.

Thank you,

Mr. Bannister & Mr. Wickert (Carnival Organisers)

Accompanying Teachers take groups to each event and supervise students.

Student groups	Accompanying teachers	
	BOYS	GIRLS
12 & 13	Ms Rose & Ms McCabe	Ms Debenham & Ms Nicol
14	Ms Stevenson & Ms Truzewski	Ms Grundy & Ms Davidson
15	Ms Pierce & Ms Richardson	Ms Hunter & Ms Wright
16 & 17+	Ms Sellars & Ms Skelton	Ms Clouston & Ms Robinson

Events by Age Groups (2024)

Rounds	High Jump		Long Jump		Discus		Shot Put		Track	
	1	2	1	2	1	2	1	2	100m	200m
1 10.05am	G15	SU	G12	G13	B15	B16 & 17+	G14	G16 & 17+	B 12,13, 14	
2 10.40am	B12 & 13	B16 & 17+	G16 & 17+	B14	G15			B15	G 12,13, 14, SU	
3 11.15am	G12	G13	B12 & 13	G15	G16 & 17+	G14	B14	SU	B15,16,17+	
4 11.50am	B14	G14	B16 & 17+	B15	SU	B12 & 13	G12	G13	G15,16, 17+	
5 12.25pm	G16 & 17+		G14	SU	G12 & 13		G15			All Boys
6 1.00pm		B15				B14	B16 & 17+	B12 & 13		All Girls & SU