

22nd November 2019

Coming Events:

26-28 Nov	-	Yr 8 Geography Exc
		(over 3 days)
26 Nov	-	Yr 7/8 CAPA Concert
26 Nov	-	Clean 4 Shores
26 Nov	-	Food Tech Excursion
27 Nov	-	Core Of Life
27-29 Nov	-	Yr 8 Geography Exc
		(Daily)
29 Nov	-	White Ribbon Event
2 Dec	-	Yr 10 Entrepreneur
2 Dec	-	Wombats Cup
3 Dec	-	Yr 7 2020 Orientation
3 Dec	-	Yr 10/12 Luna Park
		Physics Excursion
4 Dec	-	Farm Day Fundraiser
5/6 Dec	-	STEP/ACCEL Camp
5 Dec	-	Yr 10 UON Campus
		Experience
6 Dec	-	Valley Farm Christmas
		Market (4-7nm)

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PRINCIPAL'S REPORT

Dear School Community,

As we enter the last four weeks of the school year, I would like to remind our entire school community that normal lessons and expectations remain in place until 18th December. There are a variety of extra-curricular activities taking place each week for our students to be engaged with and they are otherwise expected to be attending normal lessons.

Mobile Phones in class time

After an exhaustive process of surveys, forums and input from all avenues of our school community, we have arrived at a consistent procedure for managing mobile phones during class time, to ensure we have an uninterrupted focus on learning.

Following this report are the posters and procedure which will be placed in all classrooms and around the school. We all agree that phones and earphones/ pods can be useful, however, they do not have a place during most lesson times.

This procedure will be launched on Monday 2nd December and be used educationally with students for the rest of 2019. In 2020, students not adhering to the policy and procedure will begin to have the consequences applied. Parents are welcome to meet with me to discuss any matters of personal concern.

We will always provide allowances for genuine exceptional and personal circumstances.

Staff Movements

There are times when our staff move positions seeking promotion, further development or a change of school for personal reasons. At this time Narara Valley High has seen some movement as detailed below:

- * Mr Geoffrey Fleming will be joining NVHS in 2020 as Deputy Principal, replacing Mrs O'Heir. Mr Fleming brings a great deal of experience and knowledge to the school.
- * Mrs Ilanah Forrest has moved to an alternate Head Teacher role at Lisarow High School for 2020. A relieving Head Teacher Maths will be appointed for next year.
- * Ms Tracey Byrne will be heading to Leeton High School as their Head Teacher Welfare. This is a very worthy promotion and we wish Ms Byrne every success.
- * Mrs Lynne Akhurst has been appointed permanently as Head Teacher CAPA at Narara Valley High. Our warmest congratulations to Mrs Akhurst.
- * Mrs Samoan Forrest has moved to a welfare role at the Tuggerah Education Office for the remainder of 2019. Mrs Beecroft is Relieving Deputy Principal and Mr Neate will be Relieving Head Teacher PDHPE.

These times of change often occur when we least expect them. At Narara Valley High we are lucky enough to have many staff with the capacity to step into relieving leadership roles and not only maintain their area but continue to seek improvement.

This also provides our staff with greater strength and knowledge for our students.

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November 2019

PRINCIPAL'S REPORT ...cont/-

Bushfire Season

As we have seen in recent times, our communities and schools have been affected by bushfires and the threat of them in our area. Our school will continue to keep families and students updated on any impact for our school. Please watch for our updates and check with the school for any clarifications.

Should we need to evacuate due to these circumstances, it is important that parents and carers allow that to happen without interruption and meet their child at the evacuation point; most likely to be a local club in Gosford or an alternate school. This will then allow us to get all students away from the school safely and accounted for, whilst not having more people placed in a potentially dangerous situation.

Thank you for understanding.

In these times of change and possible uncertainty, a calm and strength based approach is needed.

I will continue to lead our school for positive growth and provide stability for our wonderful school.

Push yourself because no one is going to do it for you

MICHAEL GIBSON Principal

MOBILE PHONES and EARPHONES/ PODS



OFF AND AWAY'

AT ALL TIMES IN CLASS

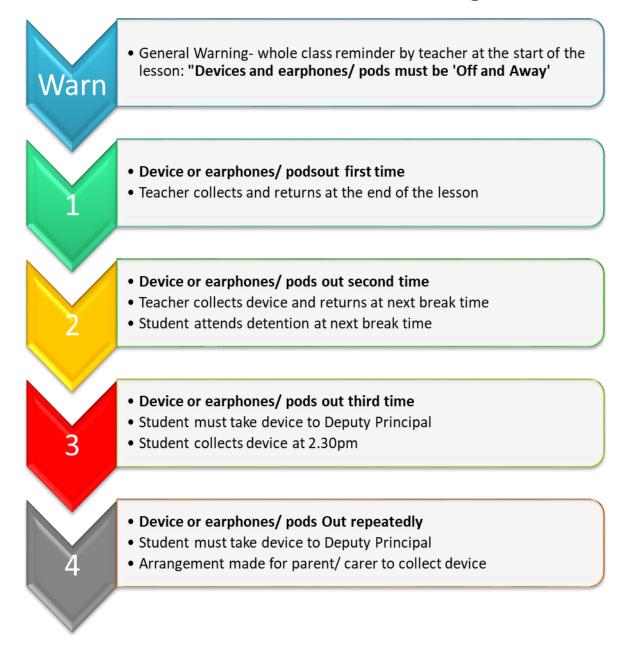




UNLESS PART OF A LESSON

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Students are expected to engage in the responsible use of mobile devices to ensure focus on learning at NVHS.



- * Any collection of devices or earphones/ pods is recorded on Sentral and involves a phone call home.
- * Repeated collection may incur suspension.
- * Phone use in lessons is at teacher direction.

DEPUTY PRINCIPAL'S REPORT YEARS 7

Throughout this week our 2020 year 7 students have been visiting NVHS to see what high school life is all about and familiarise themselves with the school environment and their new teachers. The students took part in taster lessons across the school including Science practicals, PE activities, Drama, Music, cooking and creative writing lessons. Our wonderful school leaders are to be recognised for their mentorship and guidance of our incoming year 7 cohort. They answered their questions, participated and facilitated activities and helped to alleviate any nervous feelings the students had about coming to High School.

Our students and staff participated in Fluro Friday in week 4. There were many colourful outfits on display and an abundance of high-vis work shirts which made our school appear as if we undergoing major renovations. \$310 was raised by students and staff which will go toward drought relief and help our farmers feed their livestock and maintain their crops.



Congratulations to all students for their effort and hard work in preparing for their yearly examinations. Teachers have been marking these exams and students should be receiving their results and feedback by the end of week 7.

There are a few reminders for excursions coming up in the later part of this term. Year 8 will be heading to Mardi dam in week 7 to complete their mandatory fieldwork component of the Geography syllabus and all students are expected to attend. Permission notes and money (\$10) are due back by the end of week 6. Different classes will be going on different days - 8 Isogawa and 8 Alexander will be going on Tuesday 26/11, 8 Zampatti and 8 Kee will go on Wednesday 27/11 and 8 Perry and 8 Hill will be attending on Thursday 28/11. Students are required to wear their PE uniform, bring lunch, water, hat and sunscreen. A reminder that final deposits and permission notes are due in for the GATS camp for our STEP and Accelerated cohorts which will be taking place on the 5th to 6th of December

NATALIE KARAZINOV

Acting D.P. Year 7

DEPUTY PRINCIPAL'S REPORT YEARS 8, 10 & 12

I would like to start by praising our HSC Students on their presentation and conduct at the Year 12 Formal. It was a beautiful evening and a lovely way to celebrate the end of formal schooling. It is positive news to hear so many of these students have accepted their Early Entrance in University based on the School Recommendation Scheme. We wish them every success with their future endeavours.



Many of our Year 10 Students have participated in our Transition programs, attending the 'Eye On My Future' and the 'YES TAFE' taster events. Just a reminder that if any student would like to discuss their Subject Choices for 2020 or have any Career related questions, they can book in to see Ms Tobin or Ms Green in the Careers Office. It is also not too late to do a week of Work Experience. Our Year 10 students are encouraged to do this during the last four weeks of term.

Our Year 8 students have just completed their Yearly Examinations. It was great to see Year 8 behave so maturely during this period. If any student missed an exam due to illness they need to speak to their classroom teacher.

AMANDA BARRALE

Acting D.P. Years 8,10 & 12

November 2019

DEPUTY PRINCIPAL'S REPORT YEARS 9 & 11

Classroom visits:

I have visited many classes over the past week and have been very impressed with student's engagement and involvement in class tasks. Students need to ensure that they are 'Ready to Learn' every lesson.



<u>Uniform</u>

A reminder for all students to adhere to our school uniform policy. If for any reason a student cannot wear the correct uniform (jumper, etc.), parents/caregivers must write a note. This note gets taken to the library before school and an uniform pass is issued. If students do not follow this process, a lunchtime uniform detention will be given. If a student doesn't turn up for this, after school detention is issued.

It is an important part of our school community to wear our school uniform proudly. It also enforces the importance of appropriate attire in their future careers.

DEANNA BEECROFT

Relieving D.P. Years 9 & 11

WELFARE REPORT

Narara Valley High School's



When is it? From 5:30 – 10:00pm Friday 13th December

Where is it? At the school

What is it? Fun at the school with games, dancing, movies and dinner!

But why? To raise money to support the Cancer Council in fighting women's cancers AND to have fun celebrating our amazing girls and women

Who is it for? Female staff and students of NVHS

What do we need to do? Return your permission note to Miss Cohen in Welfare or the office by 4th December at the latest. You can bring your own snacks if you choose to, dinner will be pizza. See Miss Cohen if you have ideas for activities

What does it cost? \$10 per student, bring it with you on the night



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WELFARE REPORT

Love Bites – Year 10

Year 10 students participated in the Love Bites program in Week 4. This is a respectful relationships program which aims to improve the knowledge, skills and resources of adolescents as they navigate relationships now and into adulthood. The facilitators spoke very highly of our students and their mature approach to sensitive and confronting issues. Below are some of the artworks the Year 10 students made to convey the key messages from the day.



White Ribbon Event

On Friday, 29th November, there will be a White Ribbon Event held at The Entrance in support of ending domestic violence. We will be taking 50 students to this event, leaving from the school by bus at 9am and returning by 1pm. Permission notes can be collected from Mr Howe or Mr Bush in the English staffroom for interested students.



LAUREN COHEN

Rel H.T. Welfare

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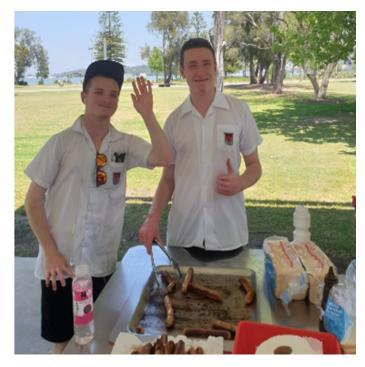
PBL RAFFLE WINNERS REPORT

Congratulations to the raffle winners below. Each student demonstrated our core PBL values of respect, responsibility and personal best and received a \$10 canteen voucher!

Respect	Jazmin Dugan
Responsibility	Ky O'Reilly
Personal Best	Kyle Campbell

Reminder that our end of year PBL rewards day is quickly approaching. All students who have received no negatives will be invited out for the day. Location is still to be confirmed.

Students at Speers Point Variety Park demonstrating our core values on a community access day whilst cooking a BBQ for everyone to enjoy.





LIBRARY REPORT

At the end of Term 3, we had a bookseller come to the school for students to browse new titles for our Manga range. I am pleased to say that all new books have been added to the collection and are now ready for borrowing.

To our finishing Year 12 students please return your textbooks as soon as possible as Year 11 have already started their HSC and they are needed for these classes. If you can't make it in to the school yourself, please give to a current student to bring them to Library on your behalf.

Thank you.

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THE MENTAL HEALTH

BENEFITS OF EXERCISE

FOR CHILDREN AND TEENAGERS

5

PDHPE REPORT

A reminder that school sport will continue until the end of this term Wednesday Week Bs. Please ensure that your child's sports fees are up to date. It is a pleasing sight to see our Year 9 and 10 students involved in these additional activities having loads of fun and getting active at the same time.

<u>Year 7</u> A reminder that Year 7 will be involved in an end of year beach day. This is a compulsory excursion as it addresses the water safety requirement in our PDHPE curriculum. Once students' receive these notes can they please be returned with payment to the front office as soon as possible.

Sporting Achievements

@BELIEVEPHQ <u>Congratulations to:</u>

Increases

<u>Cooper Elliss</u> – Cooper has been selected to referee at the Australian School Basketball Championships to be held at the State Basketball Centre and Dandenong Stadium in Melbourne from December 2-6. This is a fabulous achievement and we wish Cooper all the very best during this time.



Junior Boys Soccer Team – who won all their pool

games and unfortunately lost in the final at the Mariners Cup last fortnight. An excellent effort by the boys and their coach Mr Heron.



EVAN NEATE Rel PDHPE Head Teacher

November 2019

SCIENCE REPORT

We've had another busy few weeks in Science. Our junior classes have been busy completing their final assessments for the year and are to be commended for their application in class. They will be looking forward to completing some fun and engaging activities to finalise their courses.

Our new Year 12 students are in the midst of their first topics for the HSC course and have all started the new academic year with enthusiasm. Most are now working through their first assessment tasks and are encouraged to utilise their teachers expertise.

There are still places available on the Luna Park excursion for our senior Physics students and Year 10 so make sure you collect a permission note from the Science staff.





Our faculty was also fortunate enough to receive a brand new sample set of elements of the Periodic Table from Professor Stuart Batten of Monash University. We would like to thank Professor Batten for the donation and look forward to implementing this in our classrooms.

Students in Marine Studies are also preparing for their next Clean4Shore excursion and should speak to Mrs Rolfe to collect permission note. Limited spaces available.



MAX ENDERS

Rel H.T. Science

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CAPA REPORT

Congratulations to Kristian Drescher, Tamia Ropoama and Gillian Leecroft on their nomination for Art Express. Art Express is an annual exhibition of exemplary artwork created by NSW Visual Arts students for the HSC, featuring a selection of outstanding student artwork. Also a reminder that all CAPA fees are due.

CAPA CONCERT DANCE NEWS

This year the Year 7 and 8 Dance Tutorials are performing two items each for the concert. It is held on the 26th November at 6pm in the Narara Valley High School Hall. The students have worked hard on these items during the year and would appreciate your support, so come along and enjoy the performances. The Year 7 tutorial will be performing, "No Surprises" and "Nightmares", and the Year 8 tutorial will be performing, "Sound of Silence" and "Escape". Congratulations to Molly Williams, Sunrise Michelle, Taylah Smith, Sophie Grant and Ruby Farrell who successfully auditioned to perform their own dance items in the concert.



CREATIVE AND PERFORMING ARTS CONCERT 2019

Narara Valley High School Hall Tuesday 26th November

6pm

Showcasing students from Year 7/8 CAPA and Year 12 Dance, Music and Visual Arts

FREE ENTRY

LYNNE AKHURST

H.T. CAPA

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SUPPORT REPORT

In Support, Billigangs Enrichment classes are full of learning and fun.



Billigangs in Science is awesome too! Chemical reactions are amazing.!!



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SUPPORT REPORT cont/-

Week 5 Community Access Day was spent on bushwalks (and beachwalks) at Umina.



In Personal Development and Health, we are exploring Aboriginal Culture and Aboriginal Games. Each week we are discovering new games and they are loads of fun. Next week Bruce will be showing us some of his games when he was growing up in Queensland.



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SUPPORT REPORT cont/-

In Woodwork we have been slowly restoring old wood furnishings – very exciting as we will restore and hopefully take our finished product home!!















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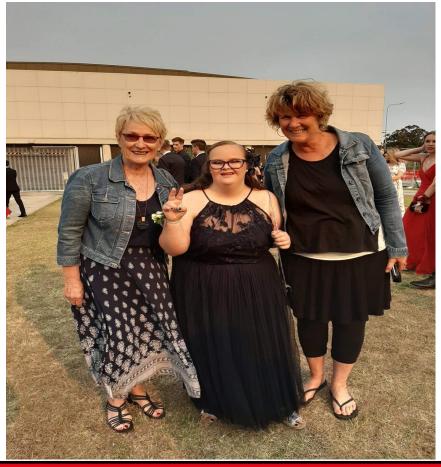
Principal Michael Gibson

SUPPORT REPORT cont/-

Year 12's finished off their year in Support at the Year 12 Formal held at Mingara. They looked very handsome and beautiful with amazing suits and the perfect dress!!







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VALLEY FARM REPORT / RURAL AIDE FUNDRAISING



Dear Parents and Carers,

As a school community we are raising funds to support Regional NSW with drought relief. To date staff have been having weekly fundraising morning teas and have currently raised \$240 and then on Friday 8th November students and staff participated in the Fluoro for Farmers Mufti day and raised another \$310.

Our two major fundraising events will be held in Week 8 this term. On the 4th December we will have an in-school FARM OPEN morning where students can wear Farmer Themed Mufti, participate in games, purchase BBQ and cakes / treats and enjoy listening to our talented CAPA students on the school farm.

Our final event will be a Farmer's Mini Twilight Christmas Market on Friday 6th December from 4pm – 7pm. There will be a produce stall, homemade gifts, plant stall, live music and you can meet our farm family of pigs, cows, sheep and chickens. We will also have a 2020 Farm Themed calendar for purchase, highlighting our fantastic school farm animals and produce. There will also be a sausage sizzle and drinks stall. This event will be open to member of our community to attend.

We thank you for your continued support with these events.

Regards,

Amanda Barrale

Acting Deputy Principal

Sarah Anderson

TAS / VET Teacher

FLEXISCHOOLS INFO

Win A Google Mini

Flexischools make school lunches even easier

Flexischools allows you to easily place all your canteen orders online at any time prior to 9am the day the order is required. Remember orders can be picked up from the side window without waiting in the normal queue. All ready and paid for.

1. Download the Flexischools App

Note: for iPhone and iPad please select 'Allow' notifications.



2. Add your School and Group

Click on the search icon, enter your school name, select your school and year group, or groups relevant to you.

3. Login/Register

Click the 'Order now' button located in the bottom right-hand corner of the <u>app.</u> this will open a login screen.

- Already a Flexischools user Enter your details and login. To save your login details select 'remember me'.
- New Flexischools user Click 'Register', enter your email address and follow the instructions in the email to set up your account. Once your account is set up, add new student; search for our school, enter student details and select their class.

To encourage the ordering of lunches etc using Flexischools the canteen will be giving away **1 Google Mini and 5 canteen vouchers** which can be used next year. To be in the running, we will place a copy of your Flexischools labels from your orders into a box at the canteen. During the first week of December a label will be drawn everyday from the box to **win a \$10 voucher**. On 6th December a label will also be drawn from the box and that person will **win a Google Mini**.

