



# NARARA VALLEY HIGH SCHOOL

S. FORREST  
Rel. PRINCIPAL

FOUNTAINS ROAD  
NARARA NSW 2250  
TELEPHONE: 43293780  
FACSIMILE: 43283609

## Targeted Sports Program (TSP) Year 7 2021

Thank you for your interest in the Targeted Sports Program at our school. Students participating in the Targeted Sports Program undertake specialised development programs in their chosen sport during school time as a reportable school subject. This is integrated with a full academic curriculum, which caters for the special needs of the talented sports students.

- Throughout the fortnightly cycle, students will receive a 2-hour session with their external coach focusing on skills, drills and game play.
- Nutrition/motivational talks.
- 2-hour session of sports specific fitness training (external).
- External excursions.
- Organised games against other schools.

The abovementioned does not affect any other curriculum; classes are taken from PE lessons.

Placement in the program is dependent on:

- An ability, interest and potential in the nominated sport.
- A recognisable commitment to school studies and academic performance.
- An excellent record of school conduct and attendance.
- Compliance with DoE and school enrolment policy.

### Process:

- Complete a 2021 Sports Program Expression of Interest form (attached)
- If you are selected and once the offer has been accepted, please ensure that you complete a Narara Valley High School student enrolment form, contact the school office for further details.
- Email this application to the school for the attention of Evan Neate.
- Sports offered in this program include Basketball, Rugby League, Football, Netball and an expression of interest for Touch Football.
- Students may wish to nominate for trials in two different sports if their abilities dictate so.

**Fees per year in 2021:** All sports will be \$500.00 per sport per annum. NB: Fees include specialised skill tuition and coaching in the students' selected sport, excursions, competitions, TSP shirt and an individual report twice a year.

Samoan Forrest  
Rel. Principal

Evan Neate  
Rel. Head Teacher PDHPE

Dallas Koen  
Sports Coordinator



## Trial Information and Organisation

Bring to your trial a drink bottle, appropriate sporting attire for the activity and food. If at an outdoor venue, please bring a hat and sunscreen. Jerseys/singlets/bibs will be provided for the trials, please ensure all other appropriate sporting apparel is brought on the day e.g. mouthguards etc. (School sports uniform would be appropriate).

### **Week 3 Term 3 2020**

All sport trials will be conducted at Narara Valley High School on Tuesday 4<sup>th</sup> August 2020, 8:15am - 10:30am.

We ask that students be dropped off at the front office.

For child protection measures, we also ask that parents DO NOT attend your child's trial. Thank you for your understanding in this.

### **Please note:**

Please ensure your email address is clearly stated on the application form. A notification will be sent to your email once your application has been received. Any further information may also be sent via email regarding trials etc. Please ensure that you check them.

### **In the Event of Wet Weather on Trial Day**

If the trials for your sport are affected by weather any postponement of a trial it will be posted on our Narara Valley High School Facebook page, or alternatively call the school 43293780. A rescheduled date will be organised and announcements will be made.

If you have any questions prior to the day, please contact us at school on 43293780, or alternatively, you can email Evan Neate on [evan.neate1@det.nsw.edu.au](mailto:evan.neate1@det.nsw.edu.au).

See you at the trials.



# APPLICATION FORM

## Year 7 2021

### Targeted Sport Program

### Photograph

This photograph will be used to help identify students whilst trialling

Student Surname: \_\_\_\_\_

Given Name: \_\_\_\_\_

Current School: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_ Male / Female (Circle)

Height: \_\_\_\_\_ cm Weight: \_\_\_\_\_ kg

Parent/Guardian: \_\_\_\_\_

Address: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Current Primary School: \_\_\_\_\_

Email Address: \_\_\_\_\_

Compulsory as a notification will be sent to your email address once your application has been received. Any further information may also be sent via email. Please check.

#### SCHOOL REPRESENTATION:

Successful applicants will be expected to represent Narara Valley High School, Brisbane Water Zone, Central Coast Area, and NSW Combined High Schools in ANY sporting activity for which she/he is selected. Each individual's commitments will be monitored and discussed with students and parents. It is compulsory that Targeted Sports Program students compete to the best of their ability at school Athletic, Cross Country and Swimming Carnivals and represent the school at any CHS fixture.

#### MEDICAL CONDITION:

To the best of my knowledge, the student applying has no medical condition, physical disability or injury, which puts him/ her at risk when participating in the school's sporting programs.

#### PLEASE ENCLOSE COPIES OF YOUR LAST TWO RECENT SCHOOL REPORTS.

I/ We accept that there will be selection trials for placement and continuation in the Targeted Sports Program, and agree to pay the charges associated with the school's sporting programs. I/We give permission for the school to seek further information from previous schools and sporting coaches if necessary.

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_



# Current SCHOOL ASSESSMENT FORM

**\*\*RETURN THIS SHEET\*\***

NB: This page must be filled in by your current school

Student's Name: \_\_\_\_\_ Sport: \_\_\_\_\_

**CLASSROOM TEACHER'S RECOMMENDATION (Teachers need to comment on 4 aspects - attendance, attitude, behaviour and effort).**

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Cross the appropriate description for the student

<b>ATTENDANCE</b>	Less than 15 days absences per year		Greater than 15 days absences per year		Greater than 30 days absences per year	
<b>GENERAL BAHVIOUR</b>	Pleasant & well mannered		Needs reminding to stay on task		Disruptive	
<b>PUNCTUALITY</b>	Always on time		Usually on time		Regularly late	
<b>ATTITUDE</b>	Cooperative (always)		Cooperative (usually)		Cooperative (rarely)	
<b>UNIFORM</b>	Always		Usually		Rarely	

**SCHOOL ACHIEVEMENTS** which demonstrates their involvement and participation in educational, cultural and social activities at the school. (DO NOT include sporting achievements)

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In order for us to assist your student to achieve academic outcomes we need to be aware of the resources they will require if any of the following apply.

- Has the student had assistance from the support teacher for behaviour? YES/NO
- Has the student needed support for literacy or numeracy? YES/NO
- Has the student been diagnosed with ADHD, ADD, ODD, Asperger's, autism, anxiety, or depression? YES/NO
- Has the student been diagnosed with any physical disability that could affect their learning, such as hearing impairment, speech impairment, and vision impairment? YES/NO
- Has the student undertaken any course to adjust their behaviour (e.g. anger management) YES/NO

If you have answered yes to any of the questions please explain the circumstances.

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\_\_\_\_\_  
Teachers Signature

\_\_\_\_\_  
School Stamp

\_\_\_\_\_  
Date



# Targeted Sport Program Sport Choice Expression of Interest

## 2021 Year 7

Copies of these applications may be made available to associations and coaching personnel. **PLEASE NOTE** that in the event of an applicant being successful in both sport choices only **ONE** sport can be undertaken for the Targeted Sports Program. Once in the school, students may apply to be chosen in other teams for sporting competitions.

Sport of First Choice: \_\_\_\_\_

Student Name: \_\_\_\_\_

Age (2020): \_\_\_\_\_ Male/Female

Weight: \_\_\_\_\_ kg      Height: \_\_\_\_\_ cm

Present School Year: \_\_\_\_\_ (2020)

Current Coach: \_\_\_\_\_ (if applicable) Phone: \_\_\_\_\_

Current Club and Association: \_\_\_\_\_ (if applicable)

### Sporting Club Experience:

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### Position/s played (if applicable):

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### Achievement and Representative History: (Club and School)

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Parent/Guardian Signature: \_\_\_\_\_